

Companion Items used by the PROMIS Smoking Initiative

Items to Assess Smoking Behavior

How long have you been smoking cigarettes?

- ₁ Less than 1 year
- ₂ 1-2 years
- ₃ 3-5 years
- ₄ 6-9 years
- ₅ 10 years or more

How old were you when you first started smoking?

During the past 30 days, on how many days did you smoke cigarettes?

- ₁ 0 days
- ₂ 1 or 2 days
- ₃ 3 to 5 days
- ₄ 6 to 9 days
- ₅ 10 to 19 days
- ₆ 20 to 27 days
- ₇ 28 or more days

During the past 30 days, on average, how many cigarettes per day have you smoked?

- ₁ I did not smoke during the past 30 days
- ₂ Less than 1 per day
- ₃ 1 per day
- ₄ 2 to 5 per day
- ₅ 6 to 10 per day
- ₆ 11 to 20 per day
- ₇ More than 20 per day

After I wake up I typically smoke my first cigarette of the day...

- ₁ Within 5 minutes after waking
- ₂ 6 to 30 minutes after waking
- ₃ 31-60 minutes after waking
- ₄ longer than 60 minutes after waking

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Was there a period of a month or longer when you smoked *fewer cigarettes* per day than you currently smoke?

- ₁ No
₂ Yes

Was there a period of a month or longer when you smoked *more cigarettes* per day than you currently smoke?

- ₁ No
₂ Yes

Was there a period of a month or longer when you smoked on *fewer days* of the month than you currently smoke?

- ₁ No
₂ Yes

Was there a period of a month or longer when you smoked *on more days* of the month than you currently smoke?

- ₁ No
₂ Yes

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Items to Assess Quitting History

Have you ever stopped smoking cigarettes for one day or longer because you were trying to quit smoking?

- ₁ No
- ₂ Yes

How many times in your life have you quit smoking for at least 24 hours?

- ₁ I have never quit smoking for at least 24 hours
- ₂ 1 time
- ₃ 2 to 3 times
- ₄ 4 to 5 times
- ₅ 6 to 9 times
- ₆ 10 or more times

How long ago was your most recent quit attempt that lasted for one day or longer?

- ₁ I have never quit smoking for one day or longer
- ₂ Within the past month
- ₃ 2 to 5 months ago
- ₄ 6 to 11 months ago
- ₅ A year or more ago

How long did your most recent quit attempt last?

- ₁ I have never quit smoking for one day or longer
- ₂ Less than 3 days
- ₃ 3 to 6 days
- ₄ 1 to 2 weeks
- ₅ More than 2 weeks but less than a month
- ₆ A month or longer

I am interested in quitting smoking.

- ₁ Not at all
- ₂ A little bit
- ₃ Somewhat
- ₄ Quite a bit
- ₅ Very much

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I am motivated to quit smoking.

- ₁ Not at all
- ₂ A little bit
- ₃ Somewhat
- ₄ Quite a bit
- ₅ Very much