

Lu (Lulu) Dong, PhD MHS

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PROFESSIONAL APPOINTMENTS

- 2022-present **Full Behavioral/Social Scientist**, RAND Corporation, Santa Monica, CA
- 2019-2022 **Associate Behavioral/Social Scientist**, RAND Corporation, Santa Monica, CA
- 2015-2019 **Postdoctoral Fellow**, Department of Psychology, University of California, Berkeley
- 2013-2014 **Statistical Help Desk**, Institute for Quantitative Theory and Methods, Emory University

EDUCATION

- 2009-2015 **Emory University**, Atlanta, GA
Ph.D., Clinical Psychology
M.A., Psychology
- UCLA Semel Institute for Neuroscience and Human Behaviors**, Los Angeles, CA
APA-Accredited Predoctoral Internship, Child Clinical Track
- 2009 **Johns Hopkins Bloomberg School of Public Health**, Baltimore, MD
M.H.S., Mental Health
- 2008 **Peking University**, Beijing, China
B.S., Psychology
B.A., Biomedical English, graduated with distinction

LICENSURE

- 2018-present Licensed Psychologist (CA #29769)
- 2009-2011 Certified in Public Health

AWARDS AND HONORS

- 2020 Fellow, Child Intervention, Prevention & Services (CHIPS) Research Training Institute
National Institute of Mental Health
- 2020 Fellow, Sleep Research Program for Advancing Careers (SOAR) Program
Winner, SOAR Shark Tank Presentation
American Academy of Sleep Medicine Foundation

3. R01MH120147 (PI: Harvey) 09/2019-08/2023
National Institute of Mental Health (NIMH)
Implementing and Sustaining a Transdiagnostic Sleep and Circadian Treatment to Improve Severe Mental Illness Outcomes in Community Mental Health
This study will test the effects of a sleep treatment that has been adapted using theory, data and stakeholder inputs to improve the fit for SMI patients treated in community mental health centers, relative to the standard treatment. This study will also determine if the adapted and standard versions can improve sleep, improve functioning, and reduce symptoms.
Role: RAND Subcontract Site PI/Co-investigator
4. COVID-2020C2-10721 (PIs: Meredith, Gidengil) 09/2020-12/2022
Patient-Centered Outcomes Research Institute (PCORI)
Protecting the Mental and Physical Well-Being of Frontline Healthcare Workers During COVID-19
The goal of the project is to support the mental and physical well-being of U.S. healthcare workers to ensure high-quality patient-centered care. We propose a cluster randomized controlled trial to establish the effectiveness of a Stress First Aid intervention compared to usual care in both hospitals and clinics with an embedded evaluation to understand barriers and facilitators.
Role: Co-investigator
5. R01MD012190 (MPIs: Troxel, D'Amico, Dickerson) 04/2017-04/2023
National Institute on Minority Health and Health Disparities (NIMHD)
Examining the Role of Sleep Disturbances in Contributing to Health Risk Behaviors and Cardiometabolic Outcomes in Urban Native American Youth
This study examines how sleep disturbances contribute to adverse cardiometabolic and behavioral health outcomes in urban American Indian/Alaska Native youth.
Examining the Experiences and Challenges Faced by American Indian/Alaska Native (AI/AN) Teens During the Coronavirus Pandemic (COVID-19 Supplement)
The additional survey and qualitative interviews examine the effects of the COVID-19 pandemic on AI/AN teens during the pandemic.
Role: Co-investigator
6. R01MD014722 (PI: Bogart) 02/2020-01/2024
National Institute on Minority Health and Health Disparities (NIMHD)
Still Climbin': A Randomized Controlled Trial of an Intervention to Improve Coping with Discrimination, Address Medical Mistrust, and Reduce Health Disparities among Black Sexual Minority Men
This is a randomized controlled trial of an 8-session culturally congruent cognitive behavior therapy group intervention that aims to increase healthcare engagement and receipt of evidence-based preventive care by increasing effective coping responses to discrimination (from race and sexual minority identity) and reducing medical mistrust among Black sexual minority men.
Role: Investigator
7. R01NR017334 (PI: Bogart) 04/2017-03/2023
National Institute of Nursing Research (NINR)
A Randomized Controlled Trial of an Antiretroviral Treatment Adherence Intervention for HIV positive African Americans
This research is a randomized controlled trial of a culturally congruent antiretroviral treatment

adherence intervention for African Americans living with HIV.

Role: Co-investigator

8. 2019-0687-AM01 (PI: Jaycox) 07/2020-07/2022
 United State Marine Corps (USMC)
Evaluation of the Marine Intercept Program: Phase 2
 The objective of this study is to evaluate and understand participant experiences within the Marine Intercept Program (MIP) to inform Marine & Family Programs Division of the effectiveness of MIP as a program to reduce repeated suicide-related events.
Role: Researcher

Completed (past two years)

1. FY21 RAND Initiated Research (PI: Dong, Co-PI: Bouey) 04/2021-09/2021
 RAND Corporation
Identifying Information Gaps in Addressing Anti-Asian Racism
 This project aims to identify informational gaps in current and future efforts to address anti-Asian racism, types of data needed to fill these gaps, and mitigating strategies for anti-Asian racism.
Total cost: \$60,000
Role: PI
2. FY21 RAND Initiated Research (PI: Bogart, Co-PI: Dong) 10/2020-09/2021
 RAND Corporation
Stakeholder Partnership to Address COVID-19 Vaccine Hesitancy among Black Americans
 This mixed-method, community-participatory study aims to mitigate vaccine hesitancy and decrease COVID-19 inequities among Black Americans, including a national survey through the American Life Panel, qualitative interviews, and engagement with community stakeholders.
Total cost: \$180,000
Role: Co-PI
1. R21HD097819 (PI: Harvey) 09/2018-08/2020
 National Institute of Child Health and Human Development (NICHD)
Parent-Adolescent Interpersonal Processes in the Science of Behavior Change
 This study develops and pilot test an intervention that targets a novel interpersonal target of parent-teen conversations to promote youth sleep behavior change.
Role: acting Co-PI, lead intervention development and supervision of the trial
1. R01HL122460 (PI: Troxel) 01/2015-12/2019
 National Heart, Lung, and Blood Institute (NHLBI)
Neighborhood Change: Impact on Sleep and Obesity-Related Health Disparities
 This study represents a unique opportunity to evaluate whether improvements in neighborhood conditions, spurred by substantial economic revitalization, improves sleep and in turn, mitigates obesity-related health disparities in a high-risk adult population.
Role: Investigator
2. Contract (PI: Farmer) 12/2019-11/2020
 George W. Bush Institute
Defining High-Quality Care for Invisible Wounds

This study aims to conduct relevant literature reviews, design and implement a series of semi-structured interviews, and synthesize findings to inform a definition of high-quality care for the invisible wounds of war for the Warrior Wellness Alliance.

Role: Researcher

PUBLICATIONS

Mentees are *italicized*; *indicates co-first authorship.

Peer-Reviewed Journal Articles

1. **Dong, L.**, Meredith, L., Farmer, C. M., Ahluwalia, S. C., Chen, P. G., Bouskill, K. E., Han, B., Qureshi, N., Dalton, S., Watson, P., Schnurr P., Davis, K., Tobin, J. N., Cassells, A., Gidengil, C. (2022). Protecting the Mental and Physical Well-Being of Frontline Health Care Workers during COVID-19: Study Protocol of a Cluster Randomized Controlled Trial. *Contemporary Clinical Trials*, 117, 106768. Advance online publication. <https://doi.org/10.1016/j.cct.2022.106768>
2. **Dong, L.**, Bogart, L. M., Gandhi, P., Aboagye, J. B., Ryan, S., Serwanga, R., & Ojikutu, B. O. (2022). A qualitative study of COVID-19 vaccine intentions and mistrust in Black Americans: Recommendations for vaccine dissemination and uptake. *PLoS One*, 17(5), e0268020.
3. **Dong, L.**, Bogart, L. M., Mutchler, M. G., Lawrence, S. J., Klein, D. J., Gizaw, M., & Wagner, G. J. (2022). Perceived discrimination, adherence to antiretroviral therapy, and HIV care engagement among HIV-positive black adults: the mediating role of medical mistrust. *Journal of Behavioral Medicine*, 45(2), 285-296.
4. Armstrong, C. C., **Dong, L.**, & Harvey, A. G. (2022) Mediators and moderators of outcome in the Transdiagnostic Sleep and Circadian Intervention (TransS-C) for adults with severe mental illness. *Behavioral Research and Therapy*, 151. doi:10.1016/j.brat.2022.104053. Advance online publication.
5. Ojikutu, B. O., Bogart, L. M., & **Dong, L.** (in press). Mistrust, empowerment, and structural change: lessons we should be learning from COVID-19. *American Journal of Public Health*, 112(3), 401-404.
6. Troxel W. M., Palimaru A. I., Klein D. K., **Dong L.**, Dickerson, D. L., Brown, R. A., Johnson C. L., & D'Amico E. J. (2022) Longitudinal analysis of changes in sleep-wake patterns and disturbances before and during COVID-19 in urban, American Indian/Alaska Native adolescents. *Behavioral Sleep Medicine*, 1-14.
7. Palimaru, A. I., **Dong, L.**, Brown, R. A., D'Amico, E. J., Dickerson, D. L., Johnson, C. L., & Troxel, W. M. (2022). Mental health, family functioning, and sleep in cultural context among American Indian/Alaska Native urban youth: A mixed methods analysis. *Social Science & Medicine*, 292, 114582.
8. Gasperetti, C. E., **Dong, L.**, & Harvey, A. G. (2021). The effect of the Transdiagnostic Sleep and Circadian Intervention (TransS-C) on actigraphic estimates of sleep and rest-activity rhythms in adolescents with an evening circadian preference. *Sleep Health*.
9. Perez, L. G., **Dong, L.**, Beckman, R. L., & Meadows, S. O. (2021). Movement behaviors associated with mental health among US military service members. *Military Psychology*.

10. Dolsen, E. A., **Dong, L.**, & Harvey, A. G. (2021). Transdiagnostic Sleep and Circadian Intervention for adolescents plus text messaging: Randomized controlled trial 12-month follow-up. *Journal of Clinical Child & Adolescent Psychology*, 1-13. doi:10.1080/15374416.2021.1978295
11. Harvey, A. G., **Dong, L.**, Hein, K., Yu, S. H., Martinez, A. J., Gumport, N. B., Smith, F. L., Chapman, A., Lisman, M., Mirzadegan, I. A., Mullin, A. C., Fine, E., Dolsen, M. R., Gasperetti, C. E., Bukosky, J., Alvarado-Martinez, C. G., Kilbourne, A. M., Rabe-Hesketh, S., & Buysse, D. J. (2021). A randomized controlled trial of the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) to improve serious mental illness outcomes in a community setting. *Journal of Consulting and Clinical Psychology*, 89(6), 537–550.
12. Bogart, L. M., **Dong, L.**, Gandhi, P., Klein, D. J., Smith, T. L., Ryan, S., & Ojikutu, B. O. (2021). COVID-19 Vaccine Hesitancy and Mistrust in a National Sample of Black Americans. *Journal of the National Medical Association*. S0027-9684(21)00082-1. Advance online publication.
13. Brooks-Holliday, S., Haas, A., **Dong, L.**, Ghosh-Dastidar, B., Dubowitz, T., Hale, L., Buysse, D. J., & Troxel, W. M. (2021). Examining the Diagnostic Validity of the Berlin Questionnaire in a Low-Income African American Sample. *Journal of Clinical Sleep Medicine : JCSM : official publication of the American Academy of Sleep Medicine*, 10.5664/jcsm.9388. Advance online publication.
14. Troxel, W., Rodriguez, A., Seelam, R., Tucker, J. S., Shih, R. A., **Dong, L.**, & D'Amico, E. J. (2021). Longitudinal associations of sleep problems with alcohol and cannabis use from adolescence to emerging adulthood. *Sleep*. zsab102. Advance online publication.
15. *Gumport, N.B.*, Zieve, G.G., **Dong, L.**, & Harvey, A. G. (2021). The development and validation of the Memory Support Treatment Provider Checklist. *Behavior Therapy*. 52(4), 932-944.
16. Bogart, L. M., Ojikutu, B. O., Tyagi, K., Klein, D. J., Mutchler, M. G., **Dong, L.**, Lawrence, S. J., Thomas, D. R., & Kellman, S. (2021). COVID-19 related medical mistrust, health impacts, and potential vaccine hesitancy among Black Americans living with HIV. *Journal of Acquired Immune Deficiency Syndromes (1999)*, 86(2), 200–207.
17. Luo, R., Fu, R., **Dong, L.**, Du, Z., Sun, W., Zhao, M., & Du, J. (2021). Knowledge and prevalence of energy drinks consumption in Shanghai, China: a cross-sectional survey of adolescents. *General Psychiatry*, 34(3), e100389.
18. D'Amico, E. J., Palimaru, A.I., Dickerson, D. L., **Dong, L.**, Brown, R.A., Johnson, C.L., Klein, D.J., & Troxel, W. M. (2020). Examining risk and resilience factors in urban American Indian/Alaska Native youth during the coronavirus pandemic. *American Indian Culture and Research Journal*. 44(2), 21–48.
19. **Dong, L.**, Fine, E. R., Michie, S., Zhou, Q., Mullin, A. C., Alvarado-Martinez, C. G., Hilmoe, H. E., Tran, M., & Harvey, A. G. (2020). Open trial of the Parent Behavior Change Intervention (PBC-I): Study protocol. *Health Psychology*, 39(9), 785–795.
20. **Dong, L.**, Dubowitz, T., Haas, A., Ghosh-Dastidar, M., Holliday, S. B., Buysse, D. J., Hale, L., Gary-Webb, T. L., & Troxel, W. M. (2020). Prevalence and correlates of obstructive sleep apnea in urban dwelling, low-income, predominantly African American women. *Sleep Medicine*, 73(9), 187–195.

21. **Dong, L.**, Li, Z., & Fung, I. (2020). A Call for Consistency in the Official Naming of the Disease Caused by Severe Acute Respiratory Syndrome Coronavirus 2 in Non-English Languages. *Disaster Medicine and Public Health Preparedness*, *14*(3), e25–e26.
22. Du, J.*, **Dong, L.***, Wang, T., Yuan, C., Fu, R., Zhang, L., Liu, B., Zhang, M., Yin, Y., Qin, J., Bouey, J., Zhao, M., & Li, X. (2020). Psychological symptoms among frontline healthcare workers during COVID-19 outbreak in Wuhan. *General Hospital Psychiatry*.
23. **Dong, L.** & Bouey, J. (2020) Public mental health crisis during COVID-19 pandemic, China. *Emerging Infectious Diseases*.26(7).
24. **Dong, L.**, Dolsen, M. R., Martinez, A. J., Notsu, H., & Harvey, A. G. (2020) A Transdiagnostic Sleep and Circadian Intervention for adolescents: 6-month follow-up of a randomized controlled trial. *Journal of Child Psychology and Psychiatry*, *61*(6), 653–661.
25. **Dong, L.**, Gumport, N. B., Martinez, A. J., & Harvey, A. G. (2019). Is improving sleep and circadian problems in adolescence a pathway to improved health? A mediation analysis. *Journal of Consulting and Clinical Psychology*, *87*(9), 757-771.
26. **Dong, L.**, Martinez, A. J., Buysse, D. J., & Harvey, A. G. (2019). A composite measure of sleep health predicts concurrent mental and physical health outcomes in adolescents prone to eveningness. *Sleep Health*, *5*(2), 166–174.
27. Lee, J. Y., Dong, L., Gumport, N. B., & Harvey, A. G. (2020). Establishing the dose of memory support to improve patient memory for treatment and treatment outcome. *Journal of Behavior Therapy and Experimental Psychiatry*, *68*, 101526.
28. Zieve, G. G., **Dong, L.**, Weaver, C., Ong, S. L., & Harvey, A. G. (2019). Patient constructive learning behavior in cognitive therapy: A pathway for improving patient memory for treatment? *Behaviour Research and Therapy*, *116*, 80–89.
29. Zieve, G. G., **Dong, L.**, & Harvey, A. G. (2019). Patient memory for psychological treatment contents: Assessment, intervention, and future directions for a novel transdiagnostic mechanism of change. *Behaviour Change*, 1–11.
30. Zhang, H.*, **Dong, L.***, Watson-Singleton, N. W., Tarantino, N., Carr, E., Niles-Carnes, L., Patterson, B., & Kaslow, N. J. (2019) Psychometric properties of the Self-Compassion Scale (SCS) in an African American clinical sample. *Mindfulness*.
31. Harvey, A. G., Hein, K., Dolsen, M. R., **Dong, L.**, Rabe-Hesketh, S., Gumport, N. B., Kanady, K., Wyatt, J. K., Hinshaw, S. P., Silk, J.S., Smith, R. L., Thompson, M. A., Zannone, N., & Blum, D. (2018) Modifying the impact of eveningness chronotype ('night-owls') in adolescence: a randomized controlled trial. *Journal of the American Academy of Child & Adolescent Psychiatry*.
32. **Dong, L.***, Soehner, A. M.*, Bélanger, L., Morin, C. M., & Harvey, A. G. (2018). Treatment agreement, adherence, and outcome in cognitive behavioral treatments for insomnia. *Journal of Consulting and Clinical Psychology*, *86*(3), 294–299.
33. Gumport, N. B., **Dong, L.**, Lee, J. Y., & Harvey, A. G. (2018). Patient learning of treatment contents

in cognitive therapy. *Journal of Behavior Therapy and Experimental Psychiatry*, 58, 51–59.

34. Harvey, A. G., **Dong, L.**, Lee, J. Y., Gumport, N. B., Hollon, S. D., Rabe-Hesketh, S., ... Armstrong, C. C. (2017). Can integrating the Memory Support Intervention into cognitive therapy improve depression outcome? Study protocol for a randomized controlled trial. *Trials*, 18(1), 539.
35. **Dong, L.**, Zhao, X., Ong, S. L., & Harvey, A. G. (2017). Patient recall of specific cognitive therapy contents predicts adherence and outcome in adults with major depressive disorder. *Behaviour Research and Therapy*, 97, 189–199.
36. Harvey, A. G., **Dong, L.**, Bélanger, L., & Morin, C. M. (2017). Mediators and treatment matching in behavior therapy, cognitive therapy and cognitive behavior therapy for chronic insomnia. *Journal of Consulting and Clinical Psychology*, 85(10), 975–987.
37. **Dong, L.**, Lee, J. Y., & Harvey, A. G. (2017). Memory support strategies and bundles: A pathway to improving cognitive therapy for depression? *Journal of Consulting and Clinical Psychology*, 85(3), 187–199.
38. **Dong, L.**, Lee, J. Y., & Harvey, A. G. (2017). Do improved patient recall and the provision of memory support enhance treatment adherence? *Journal of Behavior Therapy and Experimental Psychiatry*, 54, 219–228.
39. Harvey, A. G., Hein, K., **Dong, L.**, Smith, F. L., Lisman, M., Yu, S., Rabe-Hesketh, S., Buysse, D. J. (2016). A transdiagnostic sleep and circadian treatment to improve severe mental illness outcomes in a community setting: study protocol for a randomized controlled trial. *Trials*, 17(1), 606.
40. **Dong, L.***, Hao, W.*, & Waldman, I. D. (2014) Measurement and structural invariance testing of the Antisocial Process Screening Device (APSD). *Psychological Assessment*, 26(2), 598-608.
41. Ficks, C. A., **Dong, L.**, & Waldman, I. D. (2014) Sex differences in the etiology of psychopathic traits in youth. *Journal of Abnormal Psychology*, 123(2), 406-411.

Journal Articles Under Review

1. **Dong, L.**, Zieve, G., Gumport, N. B., Armstrong, C. C., Alvarado-Martinez, C., Martinez, A., . . . Harvey, A. G. (in revision) A randomized controlled trial to evaluate cognitive therapy plus memory support versus cognitive therapy-as-usual for adults with major depressive disorder. *Behavioral Research and Therapy*.
2. **Dong, L.**, D'Amico, E. J., Dickerson, D. L., Brown, R. A., Palimaru, A. I., Johnson, C. L., & Troxel, W. M. (under review) Food insecurity, sleep, and cardiometabolic risks in urban American Indian/Alaska Native youth. *Sleep Health*.
3. Holliday, S. B., Haas, A., **Dong, L.**, Ghosh-Dastidar, B., Dubowitz, T., Buysse, D. J., Hale, L., Troxel, W. M. (in revision) Longitudinal associations between sleep and BMI in a low-income, Black American sample. *Sleep Health*.
4. Asarnow, L.D., Soehner, A., Dolsen, E. A., **Dong, L.**, & Harvey, A. G. (under review) Circadian

misalignment as a mechanism of depression symptom improvement in evening-type adolescents with depressive symptoms. *Sleep*.

Journal Articles in Preparation

1. **Dong, L.**, Fine, E. R., Michie, S., Zhou, Q., Mullin, A. C., Alvarado-Martinez, C. G., Hilmoe, H. E., Tran, M., Portnova, V., & Harvey, A. G. (in preparation) Open trial of the Parent Behavior Change Intervention (PBC-I) to improve adolescent sleep health.

RAND Reports (Peer-Reviewed)

1. **Dong, L.**, Bouey, J., Yeung, D., Chen, P. G., & Gandhi, P. (2021). addressing anti-Asian racism in the era of COVID-19: Next steps for a research agenda : RAND Corporation. (RR-A1594-1)
2. Bogart, L. M., **Dong, L.**, Gandhi, P., Ryan, S., Smith, T. L., Klein, D. J., Fuller, Luckie-Alexander, & Ojikutu, B. O. (2021). What contributes to COVID-19 vaccine hesitancy in Black communities, and how can it be addressed? : RAND Corporation. (RR-A1110-1)
3. Farmer, C. M., & **Dong, L.** (2020). Defining high-quality care for posttraumatic stress disorder and mild traumatic brain injury: Proposed definition and next steps for the Veteran Wellness Alliance: RAND Corporation. (RR-A337-1)

Commentary/Op-Ed

1. Yeung, D. & **Dong, L.** (December 13, 2021) The health of Asian Americans depends on not grouping communities under the catch-all term. *NBC News THINK*.
<https://www.nbcnews.com/think/opinion/health-asian-americans-depends-not-grouping-communities-under-catch-all-ncna1285849>
2. Farmer, C. M., **Dong, L.**, & Kelly, K. (October 30, 2020). All veterans with invisible wounds should receive high-quality care that meets these standards. *The RAND Blog*.
<https://www.rand.org/blog/2020/10/all-veterans-with-invisible-wounds-should-receive-high.html>

Book Chapter

1. **Dong, L.**, Kanady, J. C., & Harvey, A. G. (2016) Sleep Disorders. In W. E. Craighead, D. J. Miklowitz, & L. W. Craighead (Eds.), *Psychopathology: History, Diagnosis, and Empirical Foundations (3rd Edition)*. Hoboken, NJ: Wiley.
2. Zandi, P. P., Wilcox, H. C., **Dong, L.**, Chon, S., & Maher, B. (2012) Genes as a source of risk for mental disorders. In W. W. Eaton (Ed.), *Public Mental Health* (pp. 201-244). Oxford: Oxford University Press.

PRESENTATIONS

Selected Oral Presentations (refereed)

1. **Dong, L.** & Troxel, W. M. *Bidirectional associations between daily sleep and wake behaviors in*

- urban American Indian/Alaska Native (AI/AN) youth.* (June 2021) SLEEP 2022. Charlotte, NC.
2. Armstrong, C. C., **Dong, L.**, Harvey, A. G., *Mediators and moderators of outcome from a transdiagnostic sleep and circadian intervention for adults with severe mental illness in a Community Setting.* (May 2021) Association for Psychological Science Virtual Convention.
 3. **Dong, L.** (November 2020) *Applications of a Sleep Health Composite in the Transdiagnostic Sleep and Circadian Intervention.* In Invited Symposium: Multidimensional sleep health: Have we defined it? Have we shown that it matters? Society for Behavioral Sleep Medicine (SBSM) 2020 Virtual Meeting.
 4. **Dong, L.**, Dolsen, M. R., Gumport, N. B., & Harvey, A. G. (August 2020) *Outcomes of a Transdiagnostic Sleep Intervention (TransC-Youth) in Adolescents with Evening Preference.* In Invited Symposium: From the lab to the real world: Sleep as a mechanism and intervention target for mood symptoms and suicidality in adolescents. SLEEP 2020 Virtual Meeting.
 5. **Dong, L.**, Dubowitz, T., Haas, A., Ghosh-Dastidar, M., Holliday, S. B., Buysse, D. J., Hale, L., Gary-Webb, T. L., & Troxel, W. M. (August 2020) *Prevalence and correlates of obstructive sleep apnea in urban-dwelling, low income, predominantly African American women.* In Invited Symposium: Novel Approaches to Understanding Complex Determinants of Disparities in Sleep Health. SLEEP 2020 Virtual Meeting.
 6. **Dong, L.**, Gumport, N. B., Martinez, A. J., & Harvey, A. G. (November 2018) *Is Modifying the Impact of Eveningness Chronotype in Adolescence a Pathway to Improved Health?* In Invited Symposium: Sleep within a Developmental Context: Predictors and Consequences of Sleep during Infancy, Early Childhood, Adolescence, and the Transition to Parenthood. 51st Annual Meeting of International Society of Developmental Psychobiology (ISDP). San Diego, CA.
 7. **Dong, L.**, Hein, K. L., Dolsen M. R., Gumport, N. B., Kanady, J. C., Rabe-Hesketh, S., Hinshaw, S. P., Smith, R. L., Thompson, M. A., & Harvey, A. G. (October 2016) *Preliminary findings of a Transdiagnostic Sleep Intervention (TransC-Youth) in adolescents with evening preference.* Association for Behavioral and Cognitive Therapies (ABCT) 50th Annual Convention, New York, NY.
 8. **Dong, L.**, Lee, J. Y., & Harvey, A. G. (June 2016) *Improving outcome for mental disorders by enhancing memory for treatment.* Association for Psychological Science (APS) 28th Annual Convention, Chicago, IL.
 9. **Dong, L.**, Brennan, P. A., & Johnson, K. C. (November 2014) *The role of perinatal depression in the development of co-occurring aggression and anxiety/depression problems.* Society for Research in Child Development (SRCD) Parenting Special Topic Meeting: New Conceptualizations in the Study of ParentingAt-Risk, San Diego, CA.
 10. **Dong, L.**, Ficks, C. A., & Waldman, I. D. (June 2011) *Behavior genetics analyses of psychopathic trait dimensions in children.* 41st Behavior Genetics Conference, New Port, RI.
 11. **Dong, L.** & Waldman, I. D. (June 2010) *Confirmatory factor analysis of the Antisocial Process Screening Device.* 40th Behavior Genetics Conference, Seoul, South Korea.

12. Waldman, I. D., **Dong L.**, Ficks C. A., & Gizer, I. (June 2010) *Understanding between-study heterogeneity in the association of childhood attention deficit hyperactivity disorder with DAT1, DRD4, and the 5HTTLPR*. 40th Behavior Genetics Conference, Seoul, South Korea.

Other Invited Presentations

1. **Dong, L.** & Harvey, A. G. (July 2018) *Improving outcome for mental disorders by enhancing memory for treatment*. Golden Bear Sleep and Mood Research Clinic staff meeting, University of California, Berkeley.
2. **Dong, L.** & Brennan, P. A. (June 2015) *The role of perinatal depression in the development of co-occurring aggression and anxiety/depression problems*. UCLA Department of Child and Adolescent Psychiatry Grand Rounds.

Webinars

1. **Dong, L.**, Bouey, J., Yeung, D. (January 2022) *Addressing anti-Asian racism in the era of COVID-19: A community conversation*. RAND Corporation.
2. Aboagye, J., Bogart, L. M., **Dong, L.**, Fuller, L. A., Gandhi, P., Harrison, B., Ojikutu, B. O., Ryan, S., Smith, T. L. (April 2021) *Vaccine confidence and black communities: Where do we go from here? Town hall recap*. RAND Corporation and UCLA Center for HIV Identification, Prevention and Treatment Services (CHIPTS). <https://bit.ly/3flBEYr>

Selected Poster Presentations (refereed)

Mentees are italicized

1. **Dong, L.**, D'Amico, E. J., Dickerson, D. L., Brown, R. A., Palimaru, A. I., Johnson, C. L., & Troxel, W. M. (June 2021) *Food insecurity and cardiometabolic risks in urban American Indian/Alaska Native (AI/AN) youth: the role of sleep health*. Poster presentation accepted at the SLEEP 2021 Virtual Meeting.
2. **Dong, L.**, Hein, K., Dolsen, M. R., Gasperetti, C. E., Gumport, N. B., Yu, S. H., Mirzadegan, I. A., Martinez, A. J., Fine, E., Mullin, A., Rabe-Hesketh, S., Buysse, D. J., & Harvey, A. G. (August 2018). *Transdiagnostic Sleep/Circadian Intervention in community setting*. Invited New Investigator Poster presented at the National Institute of Mental Health (NIMH) 24th Mental Health Service Research (MHSR) conference, Rockville, MD.
3. Yu, S. H., **Dong, L.**, Mirzadegan, I. A., Martinez, A. J., Harvey, A. G., Smith, F.L., & Lisman, M. (December 2017). *Effects of transportation and psychiatric barriers on treatment access in community mental health clinics*. Poster presented at the 10th Annual Conference on the Science of Dissemination and Implementation, Arlington, VA.
4. Zieve, G. G., **Dong, L.**, Weaver, C., Ong, S. L., & Harvey, A. G. (November 2017). *Constructive learning behavior: a pathway for improving patient memory for treatment?* Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, Cognitive Therapy Special Interest Group Exposition Special Interest Group Exposition, San Diego, CA.

5. Yu, S. H., **Dong, L.**, Mirzadegan, I.A., Martinez, A., Harvey, A. G., Smith, F.L., & Lisman, M. (November 2017). *Barriers to accessing sleep treatment in severe mental illness: The role of transportation*. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, Behavioral Sleep Medicine Special Interest Group Exposition, San Diego, CA.
6. *Gumport, N. B., Dong, L.*, Lee, J. Y., & Harvey, A. G. (October 2016). *Learning and memory in cognitive therapy*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, Cognitive Therapy Special Interest Group Exposition, New York, NY.
7. *Richardson, I. M., Dong, L.*, & Harvey, A.G. (October 2016). *Cumulative risk across health domains, eveningness preference, and sleep problems in adolescents*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, Behavioral Sleep Medicine Special Interest Group Exposition, New York, NY.
8. **Dong, L.**, Brennan, P. A., Hammen, C., William, B, Najman, J, & Smith, A. K. (October 2014) *BDNF Val66Met polymorphism moderates the effects of stressful life events on aggression in young adults*. The American Academy of Child and Adolescence Psychiatry Annual Meeting, San Diego.
9. **Dong, L.**, Kiefel, J. M. (June 2013). *Monitoring the impact of stimulant medication: Improved attention and executive functioning in a medically complex liver transplanted case*. American Academy of Clinical Neuropsychology Annual Meeting, Chicago, IL.
10. **Dong, L.**, Waldman, I. D. (October 2012). *Meta-analyses of the association between BDNF and mood disorders*. Society for Research in Psychopathology Annual Meeting, Ann Arbor, MI.
11. **Dong, L.**, Ficks, C. A., & Waldman, I. D. (October 2011) *Genetic and environmental influences on psychopathic traits in children*. The American Academy of Child and Adolescence Psychiatry Annual Meeting, Toronto, Canada
12. **Dong, L.**, Waldman, I. D., & Lilienfeld, S. O. (May 2011) *Three psychopathic trait dimensions are differentially associated with reactive and proactive aggression in youth*. Biannual meeting of the Society of Scientific Studies of Psychopathy, Montreal, Canada.
13. **Dong, L.**, & Lee, L-l. (April 2011) *Parental concerns and behavior problems in children: An analysis of the National Child Health Survey 2005*. Biannual meeting of the Society of Research in Child Development, Montreal, Canada.

CLINICAL EXPERIENCE

Post-doctoral clinical training

2016-2019 Therapist
 NIMH-funded RCTs “Improving outcome for severe mental illness by enhancing memory for treatment” and “A transdiagnostic sleep and circadian treatment to improve community severe mental illness outcomes”
 University of California, Berkeley, Department of Psychology

Pre-doctoral internship

2014-2015 Pre-doctoral Psychology Intern, Autism/Developmental Disabilities Track
UCLA, Semel Institute for Neuroscience and Human Behavior

Doctoral level practicum/externship

2011-2014 Extern, Fetal Alcohol Syndrome (FAS) Clinic, Marcus Autism Center &
Emory University Department of Psychiatry and Behavioral Sciences

2013-2014 Extern, Grady Nia Project, Emory School of Medicine

2013-2014 Extern, Georgia Network for Educational and Therapeutic Support (GNETS)

2012-2013 Extern, Psychology Specialty Clinic, Children's Healthcare of Atlanta
Neuropsychology Extern, Children's Healthcare of Atlanta

2010-2014 Graduate Clinician, Psychological Center, Emory University

TEACHING EXPERIENCE**Undergraduate teaching**

Summer 2018 Co-Instructor, *Peer Counseling* summer course
Peking University, Department of Psychology

Spring 2016 Gesture lecture on Cognitive Behavioral Therapy for Children and Adolescents, for
course *Psychological Interventions for Mental Illness: Development, Evaluation
and Dissemination*
University of California, Berkeley, Department of Psychology

2013- 2014 Teaching Associate for *Introduction to Statistical Inference*
Emory University, Institute for Quantitative Theory and Methods (QuanTM)

2011-2013 Teaching Assistant for *Adult Abnormal Psychology, Applied Statistics for
Psychology, Research Methods*
Emory University, Department of Psychology

Clinical teaching/supervision

2016-present Therapy supervisor, Golden Bear Sleep and Mood Research Clinic
University of California, Berkeley, Department of Psychology

2015-2019 Assessment supervisor, Golden Bear Sleep and Mood Research Clinic
University of California, Berkeley, Department of Psychology

PROFESSIONAL SERVICES

- 2020-present Editorial board, *Sleep Health: Journal of the National Sleep Foundation*
- 2020-2021 Trainee Education Advisory Committee Subcommittee on Trainee Symposium at SLEEP 2021, *Sleep Research Society*
- 2020 Planning Committee Member, Workshop on “Addressing Medical Mistrust in Black Communities: Implications for HIV/Hepatitis/STIs, COVID-19 and Other conditions”
UCLA Center for HIV Identification, Prevention, and Treatment Services (CHIPTS)

Ad-hoc reviewer:

Journal of the American Academy of Child and Adolescent Psychiatry	Behavioral Sleep Medicine
Journal of Consulting and Clinical Psychology	Pediatrics
Psychiatry Research	Journal of Adolescent Health
Journal of Psychiatric Research	American Journal of Psychiatry
Psychological Assessment	Emerging Infectious Diseases
Sleep Health	Cognitive, Affective, & Behavioral Neuroscience
Sleep	

CURRENT PROFESSIONAL AFFILIATIONS

- 2020-present American Academy of Sleep Medicine
- 2020-present Society for Behavioral Sleep Medicine
- 2015-present Sleep Research Society
- 2015-present Association of Behavioral and Cognitive Therapies
- 2014-present Association for Psychological Society

MEDIA COVERAGE**Coverage of peer-reviewed research**

- 03/2022 Medical mistrust is linked to discrimination, poor care engagement, and low adherence among Black adults in the US. [Aidsmap](#).
- 12/2020 Sleep Dysfunction Tied to Teen Psychiatric Disorders. [Psychiatric News](#).
- 11/2020 Members of Minorities, Low-Income Communities Get Less Sleep, Have More Sleep Problems. [Psychiatric News](#).
- 04/2020 How Can COVID-19 Response Include Mental Health Considerations? [ContagionLive](#).
- 04/2020 Self-imposed confinement and mental health challenges. [The Statesman](#).
- 03/2020 Corona pandemic: What kind of world will now emerge? [Global Village Space](#).
- 03/2020 The Covid-19 mental health crisis: expect depression, anxiety and stress disorders, researchers warn. [Telegraph](#).

Interviews

- 04/2020 'It's so not over.' Life after lockdown is coming but will we be mentally prepared for it. [Toronto Star](#).
- 04/2020 Social Media is a Mixed Blessing During Lockdown. [Uptown Radio](#).
- 03/2020 COVID-19 Spikes Calls to Suicide Hotlines Nationwide. [TalkingPointsMemo](#).
- 03/2020 Posting Images of Empty Grocery Store Shelves Just Makes Everything Worse: Why you should think before you post. [OneZero Medium](#).