

Lu (Lulu) Dong, PhD MHS

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PROFESSIONAL APPOINTMENTS

- 2019- present **Associate Behavioral/Social Scientist**, RAND Corporation, Santa Monica, CA
- 2015-2019 **Postdoctoral Fellow**, Department of Psychology, University of California, Berkeley
- 2013-2014 **Statistical Help Desk**, Institute for Quantitative Theory and Methods, Emory University

EDUCATION

- 2009-2015 **Emory University**, Atlanta, GA
Ph.D., Clinical Psychology
M.A., Psychology
- UCLA Semel Institute for Neuroscience and Human Behaviors**, Los Angeles, CA
APA-Accredited Predoctoral Internship, Child Clinical Track
- 2009 **Johns Hopkins Bloomberg School of Public Health**, Baltimore, MD
M.H.S., Mental Health
- 2008 **Peking University**, Beijing, China
B.S., Psychology
B.A., Biomedical English, graduated with distinction

LICENSURE

- 2018-present Licensed Psychologist (CA #29769)
- 2009-2011 Certified in Public Health

AWARDS AND HONORS

- 2020 Fellow, Child Intervention, Prevention & Services (CHIPS) Research Training Institute
National Institute of Mental Health
- 2020 Fellow, Sleep Research Program for Advancing Careers (SOAR) Program
Winner, SOAR Shark Tank Presentation
American Academy of Sleep Medicine Foundation
- 2018 New Investigator Workshop Award, Mental Health Service Research Conference

National Institute of Mental Health

- 2018 Travel Award
International Society of Developmental Psychobiology
- 2014 First place with \$50,000 awarded (ReliefLink team)
Suicide Prevention: Continuity of Care and Follow-up App Challenge
Substance Abuse and Mental Health Services Administration
- 2014 Alfred B. Heilbrun Award for Outstanding Research in Clinical Psychology
Emory University Department of Psychology
- 2010 Travel Award
Behavior Genetics Association
- 2008 Merit Tuition Scholarship
Johns Hopkins Bloomberg School of Public Health
- 2008 Outstanding College Graduate
Beijing Municipal Education Commission

GRANTS/CONTRACTS**Current Support**

1. R34MH126478 (PI: Dong) 05/2021-03/2024
National Institute of Mental Health (NIMH)
Development of an Online Provider Intervention to Address Intersectional Stigma and Medical Mistrust in People Living with HIV
This study aims to develop an intervention for HIV care providers working with individuals who experience intersectional stigma and discrimination. The proposed intervention has the potential to improve providers' competence to address the impact of intersectional stigma and medical mistrust with patients, which may in turn improve patient's healthcare engagement, treatment adherence, and health outcomes.
Total cost: \$700,778
Role: PI
2. FY21 RAND Initiated Research (Co-PIs: Dong, Bouey) 04/2021-09/2021
RAND Corporation
Identifying Information Gaps in Addressing Anti-Asian Racism
This project aims to identify informational gaps in current and future efforts to address anti-Asian racism, types of data needed to fill these gaps, and mitigating strategies for anti-Asian racism.
Total cost: \$60,000
Role: PI
3. FY21 RAND Initiated Research (Co-PIs: Bogart, Dong) 10/2020-09/2021
RAND Corporation
Stakeholder Partnership to Address COVID-19 Vaccine Hesitancy among Black Americans

This mixed-method, community-participatory study aims to mitigate vaccine hesitancy and decrease COVID-19 inequities among Black Americans, including a national survey through the American Life Panel, qualitative interviews, and engagement with community stakeholders.

Total cost: \$180,000

Role: Co-PI

4. R01MH120147 (PI: Harvey) 09/2019-08/2023
National Institute of Mental Health (NIMH)
Implementing and Sustaining a Transdiagnostic Sleep and Circadian Treatment to Improve Severe Mental Illness Outcomes in Community Mental Health
This study will test the effects of a sleep treatment that has been adapted using theory, data and stakeholder inputs to improve the fit for SMI patients treated in community mental health centers, relative to the standard treatment. This study will also determine if the adapted and standard versions can improve sleep, improve functioning and reduce symptoms.
Role: RAND Subcontract Site PI/Co-investigator

5. COVID-2020C2-10721 (PIs: Meredith, Gidengil) 09/2020-12/2022
Patient-Centered Outcomes Research Institute (PCORI)
Protecting the Mental and Physical Well-Being of Frontline Healthcare Workers During COVID-19
The goal of the project is to support the mental and physical well-being of U.S. healthcare workers to ensure high-quality patient-centered care. We propose a cluster randomized controlled trial to establish the effectiveness of a Stress First Aid intervention compared to usual care in both hospitals and clinics with an embedded evaluation to understand barriers and facilitators.
Role: Co-investigator

6. R01MD012190 (MPIs: Troxel, D'Amico, Dickerson) 04/2017-04/2022
National Institute on Minority Health and Health Disparities (NIMHD)
Examining the Role of Sleep Disturbances in Contributing to Health Risk Behaviors and Cardiometabolic Outcomes in Urban Native American Youth
This study examines how sleep disturbances contribute to adverse cardiometabolic and behavioral health outcomes in urban American Indian/Alaska Native youth.
Examining the Experiences and Challenges Faced by American Indian/Alaska Native (AI/AN) Teens During the Coronavirus Pandemic (COVID-19 Supplement)
The additional survey and qualitative interviews examine the effects of the COVID-19 pandemic on AI/AN teens during the pandemic.
Role: Co-investigator

7. R01MD014722 (PI: Bogart) 02/2020-01/2024
National Institute on Minority Health and Health Disparities (NIMHD)
Still Climbin': A Randomized Controlled Trial of an Intervention to Improve Coping with Discrimination, Address Medical Mistrust, and Reduce Health Disparities among Black Sexual Minority Men
This is a randomized controlled trial of an 8-session culturally congruent cognitive behavior therapy group intervention that aims to increase healthcare engagement and receipt of evidence-based preventive care by increasing effective coping responses to discrimination (from race and sexual minority identity) and reducing medical mistrust among Black sexual minority men.
Role: Investigator

8. R01NR017334 (PI: Bogart) 04/2017-03/2022
National Institute of Nursing Research (NINR)
A Randomized Controlled Trial of an Antiretroviral Treatment Adherence Intervention for HIV positive African Americans
This research is a randomized controlled trial of a culturally congruent antiretroviral treatment adherence intervention for African Americans living with HIV.
Role: Investigator
9. R01HL131531 (MPIs: Troxel, Gary-Webb) 05/2016-03/2021
National Heart, Lung, and Blood Institute (NHLBI)
Natural Experiment of Neighborhood Revitalization and Cardiometabolic Health
This study evaluates whether improvements in neighborhood conditions, spurred by substantial neighborhood-level revitalization in a predominantly African American (AA) neighborhood improves residents' cardio-metabolic risk factors (obesity, glycated hemoglobin, cholesterol, and, blood pressure) relative to a comparison neighborhood that is not undergoing such changes.
Role: Investigator
10. 2019-0687-AM01 (PI: Jaycox) 04/2020-03/2021
United State Marine Corps (USMC)
Evaluation of the Marine Intercept Program: Phase 2
The objective of this study is to evaluate and understand participant experiences within the Marine Intercept Program (MIP) to inform Marine & Family Programs Division of the effectiveness of MIP as a program to reduce repeated suicide-related events.
Role: Researcher

Under Review

11. R01HD071065 (PI: Harvey) Pending Council Review
National Institute of Child Health and Human Development (NICHD)
Maintaining Behavior Change: A 6-year Follow-up of Adolescent 'Night-owls' and an Evaluation of a Habit-based Sleep Health Intervention
This proposal aims to test a potent, low-cost, behavioral sleep-health intervention that leverages the science on habit formation. Also, we will evaluate if adding a text messaging intervention, derived from learning and behavior change theory, improves habit formation.
Role: RAND Subcontract Site PI/Co-investigator

Completed (past two years)

1. R21HD097819 (PI: Harvey) 09/2018-08/2020
National Institute of Child Health and Human Development (NICHD)
Parent-Adolescent Interpersonal Processes in the Science of Behavior Change
This study develops and pilot test an intervention that targets a novel interpersonal target of parent-teen conversations to promote youth sleep behavior change.
Role: acting Co-PI, lead intervention development and supervision of the trial
2. R01HL122460 (PI: Troxel) 01/2015-12/2019
National Heart, Lung, and Blood Institute (NHLBI)

Neighborhood Change: Impact on Sleep and Obesity-Related Health Disparities

This study represents a unique opportunity to evaluate whether improvements in neighborhood conditions, spurred by substantial economic revitalization, improves sleep and in turn, mitigates obesity-related health disparities in a high-risk adult population.

Role: Investigator

3. Contract (Project lead: Farmer) 12/2019-11/2020
George W. Bush Institute

Defining High-Quality Care for Invisible Wounds

This study aims to conduct relevant literature reviews, design and implement a series of semi-structured interviews, and synthesize findings to inform a definition of high-quality care for the invisible wounds of war for the Warrior Wellness Alliance.

Role: Researcher

PUBLICATIONS

Mentees are *italicized*; *indicates co-first authorship.

Peer-Reviewed Journal Articles

1. Harvey, A. G., **Dong, L.**, Hein, K., Yu, S. H., Martinez, A., Gumport, N. B., . . . Buysse, D. J. (in press) A randomized controlled trial of the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) to improve serious mental illness outcomes in a community setting. *Journal of Consulting and Counseling Psychology*.
2. Brooks-Holliday, S., Haas, A., **Dong, L.**, Ghosh-Dastidar, B., Dubowitz, T., Hale, L., Buysse, D. J., & Troxel, W. M. (in press) Examining the Diagnostic Validity of the Berlin Questionnaire in a Low-Income African American Sample. *Journal of Clinical Sleep Medicine*.
3. Troxel, W., Rodriguez, A., Seelam, R., Tucker, J. S., Shih, R. A., **Dong, L.**, & D'Amico, E. J. (in press) Longitudinal associations of sleep problems with alcohol and cannabis use from adolescence to emerging adulthood. *Sleep*.
4. *Gumport, N.B.*, Zieve, G.G., **Dong, L.**, & Harvey, A G. (in press). The development and validation of the Memory Support Treatment Provider Checklist. *Behavior Therapy*.
5. Bogart, L. M., Ojikutu, B. O., Tyagi, K., Klein, D. J., Mutchler, M. G., **Dong, L.**, Lawrence, S. J., Thomas, D. R., & Kellman, S. (2021). COVID-19 Related Medical Mistrust, Health Impacts, and Potential Vaccine Hesitancy Among Black Americans Living With HIV. *Journal of acquired immune deficiency syndromes (1999)*, 86(2), 200–207.
6. D'Amico, E.J., Palimaru, A.I., Dickerson, D.L., **Dong, L.**, Brown, R.A., Johnson, C.L., Klein, D.J., & Troxel, W.M. (2020). Examining risk and resilience factors in urban American Indian/Alaska Native youth during the coronavirus pandemic. *American Indian Culture and Research Journal*. 44(2), 21–48.
7. **Dong, L.**, Fine, E. R., Michie, S., Zhou, Q., Mullin, A. C., Alvarado-Martinez, C. G., Hilmoe, H. E., Tran, M., & Harvey, A. G. (2020). Open trial of the Parent Behavior Change Intervention (PBC-I): Study protocol. *Health Psychology*, 39(9), 785–795.

8. **Dong, L.**, Dubowitz, T., Haas, A., Ghosh-Dastidar, M., Holliday, S. B., Buysse, D. J., Hale, L., Gary-Webb, T. L., & Troxel, W. M. (2020). Prevalence and correlates of obstructive sleep apnea in urban dwelling, low-income, predominantly African American women. *Sleep Medicine*, *73*(9), 187–195.
9. **Dong, L.**, Li, Z., & Fung, I. (2020). A Call for Consistency in the Official Naming of the Disease Caused by Severe Acute Respiratory Syndrome Coronavirus 2 in Non-English Languages. *Disaster medicine and public health preparedness*, *14*(3), e25–e26.
10. Du, J.*, **Dong, L.***, Wang, T., Yuan, C., Fu, R., Zhang, L., Liu, B., Zhang, M., Yin, Y., Qin, J., Bouey, J., Zhao, M., & Li, X. (2020). Psychological symptoms among frontline healthcare workers during COVID-19 outbreak in Wuhan. *General Hospital Psychiatry*.
11. **Dong, L.** & Bouey, J. (2020) Public Mental Health Crisis during COVID-19 Pandemic, China. *Emerging Infectious Diseases*.26(7).
12. **Dong, L.**, Dolsen, M. R., Martinez, A. J., Notsu, H., & Harvey, A. G. (2020) A Transdiagnostic Sleep and Circadian Intervention for adolescents: 6-month follow-up of a randomized controlled trial. *Journal of Child Psychology and Psychiatry*, *61*(6), 653–661.
13. **Dong, L.**, Gumport, N. B., Martinez, A. J., & Harvey, A. G. (2019). Is improving sleep and circadian problems in adolescence a pathway to improved health? A mediation analysis. *Journal of Consulting and Clinical Psychology*, *87*(9), 757-771.
14. **Dong, L.**, Martinez, A. J., Buysse, D. J., & Harvey, A. G. (2019). A composite measure of sleep health predicts concurrent mental and physical health outcomes in adolescents prone to eveningness. *Sleep Health*, *5*(2), 166–174.
15. Lee, J. Y., Dong, L., Gumport, N. B., & Harvey, A. G. (2020). Establishing the dose of memory support to improve patient memory for treatment and treatment outcome. *Journal of Behavior Therapy and Experimental Psychiatry*, *68*, 101526.
16. Zieve, G. G., **Dong, L.**, Weaver, C., Ong, S. L., & Harvey, A. G. (2019). Patient constructive learning behavior in cognitive therapy: A pathway for improving patient memory for treatment? *Behaviour Research and Therapy*, *116*, 80–89.
17. Zieve, G. G., **Dong, L.**, & Harvey, A. G. (2019). Patient Memory for Psychological Treatment Contents: Assessment, Intervention, and Future Directions for a Novel Transdiagnostic Mechanism of Change. *Behaviour Change*, 1–11.
18. Zhang, H.*, **Dong, L.***, Watson-Singleton, N. W., Tarantino, N., Carr, E., Niles-Carnes, L., Patterson, B., & Kaslow, N. J. (2019) Psychometric Properties of the Self-Compassion Scale (SCS) in an African American Clinical Sample. *Mindfulness*.
19. Harvey, A. G., Hein, K., Dolsen, M. R., **Dong, L.**, Rabe-Hesketh, S., Gumport, N. B., Kanady, K., Wyatt, J. K., Hinshaw, S. P., Silk, J.S., Smith, R. L., Thompson, M. A., Zannone, N., & Blum, D. (2018) Modifying the Impact of Eveningness Chronotype (‘Night-Owls’) in Adolescence: A Randomized Controlled Trial. *Journal of the American Academy of Child & Adolescent Psychiatry*.

20. **Dong, L.***, Soehner, A. M.*, Bélanger, L., Morin, C. M., & Harvey, A. G. (2018). Treatment agreement, adherence, and outcome in cognitive behavioral treatments for insomnia. *Journal of Consulting and Clinical Psychology, 86*(3), 294–299.
21. *Gumport, N. B., Dong, L., Lee, J. Y., & Harvey, A. G. (2018). Patient learning of treatment contents in cognitive therapy. Journal of Behavior Therapy and Experimental Psychiatry, 58, 51–59.*
22. Harvey, A. G., **Dong, L.**, Lee, J. Y., Gumport, N. B., Hollon, S. D., Rabe-Hesketh, S., ... Armstrong, C. C. (2017). Can integrating the Memory Support Intervention into cognitive therapy improve depression outcome? Study protocol for a randomized controlled trial. *Trials, 18*(1), 539.
23. **Dong, L.**, Zhao, X., Ong, S. L., & Harvey, A. G. (2017). Patient recall of specific cognitive therapy contents predicts adherence and outcome in adults with major depressive disorder. *Behaviour Research and Therapy, 97*, 189–199.
24. Harvey, A. G., **Dong, L.**, Bélanger, L., & Morin, C. M. (2017). Mediators and treatment matching in behavior therapy, cognitive therapy and cognitive behavior therapy for chronic insomnia. *Journal of Consulting and Clinical Psychology, 85*(10), 975–987.
25. **Dong, L.**, Lee, J. Y., & Harvey, A. G. (2017). Memory support strategies and bundles: A pathway to improving cognitive therapy for depression? *Journal of Consulting and Clinical Psychology, 85*(3), 187–199.
26. **Dong, L.**, Lee, J. Y., & Harvey, A. G. (2017). Do improved patient recall and the provision of memory support enhance treatment adherence? *Journal of Behavior Therapy and Experimental Psychiatry, 54*, 219–228.
27. Harvey, A. G., Hein, K., **Dong, L.**, Smith, F. L., Lisman, M., Yu, S., Rabe-Hesketh, S., Buysse, D. J. (2016). A transdiagnostic sleep and circadian treatment to improve severe mental illness outcomes in a community setting: study protocol for a randomized controlled trial. *Trials, 17*(1), 606.
28. **Dong, L.***, Hao, W.*, & Waldman, I. D. (2014) Measurement and structural invariance testing of the Antisocial Process Screening Device (APSD). *Psychological Assessment, 26*(2), 598-608.
29. Ficks, C. A., **Dong, L.**, & Waldman, I. D. (2014) Sex differences in the etiology of psychopathic traits in youth. *Journal of Abnormal Psychology, 123*(2), 406-411.

Journal Articles Under Review

1. **Dong, L.**, Zieve, G., Gumport, N. B., Armstrong, C. C., Alvarado-Martinez, C., Martinez, A., . . . Harvey, A. G. (under review) A randomized controlled trial to evaluate cognitive therapy plus memory support versus cognitive therapy-as-usual for adults with major depressive disorder.
2. **Dong, L.**, D'Amico, E. J., Dickerson, D. L., Brown, R. A., Palimaru, A. I., Johnson, C. L., & Troxel, W. M. (under review) Food Insecurity, Sleep, and Cardiometabolic Risks in Urban American Indian/Alaska Native Youth.

3. **Dong, L.**, Bogart, L. M., Mutchler, M. G., Lawrence, S. J., Klein, D. J., Gizaw, M., & Wagner, G. J. (under review) Perceived Discrimination, Adherence to Antiretroviral Therapy, and HIV Care Engagement Among HIV-Positive Black Adults: The Mediating Role of Medical Mistrust.
4. Bogart, L. M., Dong, L., Gandhi, P., Klein, D. J., Smith, T. L., Ryan, S., & Ojikutu, B. O. (under review). COVID-19 Vaccine Hesitancy and Mistrust in a National Sample of Black Americans.
5. Palimaru, A. I., **Dong, L.**, Brown, R. A., D'Amico, E. J., Dickerson, D. L., Johnson, C. L., & Troxel, W. M. (under review) Family Functioning, Sleep, and Behavioral Health in Cultural Context among American Indian/Alaska Native Urban Youth.
6. Dolsen, M. R., **Dong, L.**, & Harvey, A. G. (under review) Text messages to maintain sleep, circadian, and health improvement 12-months following treatment for adolescents with eveningness circadian preference: A randomized controlled trial.
7. Armstrong, C. C., **Dong, L.**, & Harvey, A. G. (under review) Mediators and Moderators of Outcome in the Transdiagnostic Sleep and Circadian Intervention (TranS-C) for adults with Severe Mental Illness.
8. Perez, L. G., **Dong, L.**, Beckman, R., Meadows, S. O. (under review). Movement Behaviors Associated with Mental Health Among US Military Service Members.

Journal Articles in Preparation

1. **Dong, L.**, Qureshi, N., Gidengil, C., Farmer, C., Ahluwalia, S., Chen, P., Bouskill, K., Han, B., Dalton, S., Watson, P., Schnurr, P., Nash, W., Blagg, S. & Meredith, L. Protecting the Mental and Physical Well-Being of Frontline Health Care Workers during COVID-19: A Cluster Randomize Controlled Trial Study Protocol.
2. **Dong, L.**, Fine, E. R., Michie, S., Zhou, Q., Mullin, A. C., Alvarado-Martinez, C. G., Hilmoe, H. E., Tran, M., Portnova, V., & Harvey, A. G. Open trial of the Parent Behavior Change Intervention (PBC-I) to Improve Adolescent Sleep Health.

Peer-Reviewed RAND Reports

1. Farmer, C. M., & **Dong, L.** (2020). Defining High-Quality Care for Posttraumatic Stress Disorder and Mild Traumatic Brain Injury: Proposed Definition and Next Steps for the Veteran Wellness Alliance: RAND Corporation. (RR-A337-1)
2. Bogart, L. M., **Dong, L.**, Gandhi, P., Ryan, S., Smith, T. L., Klein, D. J., Fuller, Luckie-Alexander, & Ojikutu, B. O. (2021). What Contributes to COVID-19 Vaccine Hesitancy in Black Communities, and How Can It Be Addressed? : RAND Corporation. (RR-A1110-1)

Commentary

1. Farmer, C. M., **Dong, L.**, & Kelly, K. (October 30, 2020). All Veterans with Invisible Wounds Should Receive High-Quality Care That Meets These Standards. The RAND Blog.

Book Chapter

1. **Dong, L.**, Kanady, J. C., & Harvey, A. G. (2016) Sleep Disorders. In W. E. Craighead, D. J. Miklowitz, & L. W. Craighead (Eds.), *Psychopathology: History, Diagnosis, and Empirical Foundations (3rd Edition)*. Hoboken, NJ: Wiley.
2. Zandi, P. P., Wilcox, H. C., **Dong, L.**, Chon, S., & Maher, B. (2012) Genes as a source of risk for mental disorders. In W. W. Eaton (Ed.), *Public mental health* (pp. 201-244). Oxford: Oxford University Press.

PRESENTATIONS**Selected Oral Presentations (refereed)**

1. **Dong, L.** (November 2020) *Applications of a Sleep Health Composite in the Transdiagnostic Sleep and Circadian Intervention*. In Invited Symposium: Multidimensional sleep health: Have we defined it? Have we shown that it matters? Society for Behavioral Sleep Medicine (SBSM) 2020 Virtual Meeting.
2. **Dong, L.**, Dolsen, M. R., Gumport, N. B., & Harvey, A. G. (August 2020) *Outcomes of a Transdiagnostic Sleep Intervention (TransC-Youth) in Adolescents with Evening Preference*. In Invited Symposium: From the Lab to the Real World: Sleep as a Mechanism and Intervention Target for Mood Symptoms and Suicidality in Adolescents. SLEEP 2020 Virtual Meeting.
3. **Dong, L.**, Dubowitz, T., Haas, A., Ghosh-Dastidar, M., Holliday, S. B., Buysse, D. J., Hale, L., Gary-Webb, T. L., & Troxel, W. M. (August 2020) *Prevalence and correlates of obstructive sleep apnea in urban-dwelling, low income, predominantly African-American Women*. In Invited Symposium: Novel Approaches to Understanding Complex Determinants of Disparities in Sleep Health. SLEEP 2020 Virtual Meeting.
4. **Dong, L.**, Gumport, N. B., Martinez, A. J., & Harvey, A. G. (November 2018) *Is Modifying the Impact of Eveningness Chronotype in Adolescence a Pathway to Improved Health?* In Invited Symposium: Sleep within a Developmental Context: Predictors and Consequences of Sleep during Infancy, Early Childhood, Adolescence, and the Transition to Parenthood. 51st Annual Meeting of International Society of Developmental Psychobiology (ISDP). San Diego, CA.
5. **Dong, L.**, Hein, K. L., Dolsen M. R., Gumport, N. B., Kanady, J. C., Rabe-Hesketh, S., Hinshaw, S. P., Smith, R. L., Thompson, M. A., & Harvey, A. G. (October, 2016) *Preliminary Findings of a Transdiagnostic Sleep Intervention (TransC-Youth) in Adolescents with Evening Preference*. Association for Behavioral and Cognitive Therapies (ABCT) 50th Annual Convention, New York, NY.
6. **Dong, L.**, Lee, J. Y., & Harvey, A. G. (June, 2016) *Improving Outcome for Mental Disorders by Enhancing Memory for Treatment*. Association for Psychological Science (APS) 28th Annual Convention, Chicago, IL.
7. **Dong, L.**, Brennan, P. A., & Johnson, K. C. (November, 2014) *The role of perinatal depression in the development of co-occurring aggression and anxiety/depression problems*. Society for Research in

Child Development (SRCD) Parenting Special Topic Meeting: New Conceptualizations in the Study of Parenting At-Risk, San Diego, CA.

8. **Dong, L.**, Ficks, C. A., & Waldman, I. D. (June, 2011) *Behavior genetics analyses of psychopathic trait dimensions in children*. 41th Behavior Genetics Conference, New Port, RI.
9. **Dong, L.** & Waldman, I. D. (June, 2010) *Confirmatory factor analysis of the Antisocial Process Screening Device*. 40th Behavior Genetics Conference, Seoul, South Korea.
10. Waldman, I. D., **Dong L.**, Ficks C. A., & Gizer, I. (June, 2010) *Understanding between-study heterogeneity in the association of childhood attention deficit hyperactivity disorder with DAT1, DRD4, and the 5HTTLPR*. 40th Behavior Genetics Conference, Seoul, South Korea.

Invited Presentations

1. **Dong, L.** & Harvey, A. G. (July, 2018) *Improving Outcome for Mental Disorders by Enhancing Memory for Treatment*. Golden Bear Sleep and Mood Research Clinic staff meeting, University of California, Berkeley.
2. **Dong, L.** & Brennan, P. A. (June, 2015) *The role of perinatal depression in the development of co-occurring aggression and anxiety/depression problems*. UCLA Department of Child and Adolescent Psychiatry Grand Rounds.

Selected Poster Presentations (refereed)

Mentees are *italicized*

1. **Dong, L.**, D'Amico, E. J., Dickerson, D. L., Brown, R. A., Palimaru, A. I., Johnson, C. L., & Troxel, W. M. (June, 2021) *Food Insecurity and Cardiometabolic Risks in Urban American Indian/Alaska Native (AI/AN) Youth: The Role of Sleep Health*. Poster presentation accepted at the SLEEP 2021 Virtual Meeting.
2. **Dong, L.**, Hein, K., Dolsen, M. R., Gasperetti, C. E., Gumport, N. B., Yu, S. H., Mirzadegan, I. A., Martinez, A. J., Fine, E., Mullin, A., Rabe-Hesketh, S., Buysse, D. J., & Harvey, A. G. (August, 2018). *Transdiagnostic Sleep/Circadian Intervention in Community Setting*. Invited New Investigator Poster presented at the National Institute of Mental Health (NIMH) 24th Mental Health Service Research (MHSR) conference, Rockville, MD.
3. Yu, S. H., **Dong, L.**, Mirzadegan, I. A., Martinez, A. J., Harvey, A. G., Smith, F.L., & Lisman, M. (December, 2017). *Effects of transportation and psychiatric barriers on treatment access in community mental health clinics*. Poster presented at the 10th Annual Conference on the Science of Dissemination and Implementation, Arlington, VA.
4. Zieve, G. G., **Dong, L.**, Weaver, C., Ong, S. L., & Harvey, A. G. (November, 2017). *Constructive Learning Behavior: A Pathway for Improving Patient Memory for Treatment?* Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, Cognitive Therapy Special Interest Group Exposition Special Interest Group Exposition, San Diego, CA.
5. Yu, S. H., **Dong, L.**, Mirzadegan, I.A., Martinez, A., Harvey, A. G., Smith, F.L., & Lisman, M. (November, 2017). *Barriers to accessing sleep treatment in severe mental illness: The role of*

transportation. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, Behavioral Sleep Medicine Special Interest Group Exposition, San Diego, CA.

6. **Gumport, N. B., Dong, L.,** Lee, J. Y., & Harvey, A. G. (October, 2016). *Learning and memory in cognitive therapy*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, Cognitive Therapy Special Interest Group Exposition, New York, NY.
7. **Richardson, I. M., Dong, L.,** & Harvey, A.G. (October, 2016). *Cumulative risk across health domains, eveningness preference, and sleep problems in adolescents*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, Behavioral Sleep Medicine Special Interest Group Exposition, New York, NY.
8. **Dong, L.,** Brennan, P. A., Hammen, C., William, B., Najman, J., & Smith, A. K. (October, 2014) *BDNF Val66Met polymorphism moderates the effects of stressful life events on aggression in young adults*. The American Academy of Child and Adolescence Psychiatry Annual Meeting, San Diego.
9. **Dong, L.,** Kiefel, J. M. (June, 2013). *Monitoring the impact of stimulant medication: Improved attention and executive functioning in a medically complex liver transplanted case*. American Academy of Clinical Neuropsychology Annual Meeting, Chicago, IL.
10. **Dong, L.,** Waldman, I. D. (October, 2012). *Meta-analyses of the association between BDNF and mood disorders*. Society for Research in Psychopathology Annual Meeting, Ann Arbor, MI.
11. **Dong, L.,** Ficks, C. A., & Waldman, I. D. (October, 2011) *Genetic and environmental influences on psychopathic traits in children*. The American Academy of Child and Adolescence Psychiatry Annual Meeting, Toronto, Canada
12. **Dong, L.,** Waldman, I. D., & Lilienfeld, S. O. (May, 2011) *Three psychopathic trait dimensions are differentially associated with reactive and proactive aggression in youth*. Biannual meeting of the Society of Scientific Studies of Psychopathy, Montreal, Canada.
13. **Dong, L.,** & Lee, L-l. (April, 2011) *Parental concerns and behavior problems in children: An analysis of the National Child Health Survey 2005*. Biannual meeting of the Society of Research in Child Development, Montreal, Canada.

CLINICAL EXPERIENCE

Post-doctoral clinical training

2016-2019 Therapist
 NIMH-funded RCTs “Improving Outcome for Severe Mental Illness by Enhancing Memory for Treatment” and “A transdiagnostic sleep and circadian treatment to improve community Severe Mental Illness outcomes”
 University of California, Berkeley, Department of Psychology

Pre-doctoral internship

2014-2015 Pre-doctoral Psychology Intern, Autism/Developmental Disabilities Track

UCLA, Semel Institute for Neuroscience and Human Behavior

Doctoral level practicum/externship

- 2011-2014 Extern, Fetal Alcohol Syndrome (FAS) Clinic, Marcus Autism Center & Emory University Department of Psychiatry and Behavioral Sciences
- 2013-2014 Extern, Grady Nia Project, Emory School of Medicine
- 2013-2014 Extern, Georgia Network for Educational and Therapeutic Support (GNETS)
- 2012-2013 Extern, Psychology Specialty Clinic, Children's Healthcare of Atlanta
Neuropsychology Extern, Children's Healthcare of Atlanta
- 2010-2014 Graduate Clinician, Psychological Center, Emory University

TEACHING EXPERIENCE

Undergraduate teaching

- Summer 2018 Co-Instructor, *Peer Counseling* summer course
Peking University, Department of Psychology
- Spring 2016 Gesture lecture on Cognitive Behavioral Therapy for Children and Adolescents, for course *Psychological Interventions for Mental Illness: Development, Evaluation and Dissemination*
University of California, Berkeley, Department of Psychology
- 2013- 2014 Teaching Associate for *Introduction to Statistical Inference*
Emory University, Institute for Quantitative Theory and Methods (QuanTM)
- 2011-2013 Teaching Assistant for *Adult Abnormal Psychology, Applied Statistics for Psychology, Research Methods*
Emory University, Department of Psychology

Clinical teaching/supervision

- 2016-present Therapy supervisor, Golden Bear Sleep and Mood Research Clinic
University of California, Berkeley, Department of Psychology
- 2015-2019 Assessment supervisor, Golden Bear Sleep and Mood Research Clinic
University of California, Berkeley, Department of Psychology

PROFESSIONAL SERVICE

- 2020-present Editorial board, *Sleep Health: Journal of the National Sleep Foundation*

- 2020-present Trainee Education Advisory Committee Subcommittee on Trainee Symposium at SLEEP 2021, *Sleep Research Society*
- 2020 Planning Committee Member, Workshop on “Addressing Medical Mistrust in Black Communities: Implications for HIV/Hepatitis/STIs, COVID-19 and Other conditions”
UCLA Center for HIV Identification, Prevention, and Treatment Services (CHIPTS)

Ad-hoc reviewer:

Journal of the American Academy of Child and Adolescent Psychiatry	Behavioral Sleep Medicine
Journal of Consulting and Clinical Psychology	Pediatrics
Psychiatry Research	Journal of Adolescent Health
Journal of Psychiatric Research	American Journal of Psychiatry
Psychological Assessment	Emerging Infectious Diseases
Sleep Health	Cognitive, Affective, & Behavioral Neuroscience
Sleep	

CURRENT PROFESSIONAL AFFILIATIONS

- 2020-present American Academy of Sleep Medicine
- 2015-present Sleep Research Society
- 2015-present Association of Behavioral and Cognitive Therapies
- 2014-present Association for Psychological Society

MEDIA COVERAGE**Coverage of peer-reviewed research**

- 12/2020 Sleep Dysfunction Tied to Teen Psychiatric Disorders. [Psychiatric News](#).
- 11/2020 Members of Minorities, Low-Income Communities Get Less Sleep, Have More Sleep Problems. [Psychiatric News](#).
- 04/2020 How Can COVID-19 Response Include Mental Health Considerations? [ContagionLive](#).
- 04/2020 Self-imposed confinement and mental health challenges. [The Statesman](#).
- 03/2020 Corona pandemic: What kind of world will now emerge? [Global Village Space](#).
- 03/2020 The Covid-19 mental health crisis: expect depression, anxiety and stress disorders, researchers warn. [Telegraph](#).

Interviews

- 04/2020 ‘It’s so not over.’ Life after lockdown is coming but will we be mentally prepared for it.

[Toronto Star.](#)

- 04/2020 Social Media is a Mixed Blessing During Lockdown. [Uptown Radio.](#)
- 03/2020 COVID-19 Spikes Calls to Suicide Hotlines Nationwide. [TalkingPointsMemo.](#)
- 03/2020 Posting Images of Empty Grocery Store Shelves Just Makes Everything Worse: Why you should think before you post. [OneZero Medium.](#)