

Aneesa Motala
RAND Corporation
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Education

University of California, Santa Barbara
September 1997 –January 2002

B.A. SOCIOLOGY AND MINOR IN GLOBAL PEACE AND SECURITY

- Active member and Volunteer to the Associated Students of the Community Affairs Board (Volunteering Program)
- Resident Assistant for San Rafael Hall (Dormitory)
- Peer Counselor for the Eating Disorder Group
- Active member of the Environmental Affairs Program
- Education Aboard Program, Cairo, Egypt 1999-2000 and Invited speaker of the Education Abroad Program

Work Experience

RAND Corporation - Santa Monica, CA

February 2013–Present

PROJECT MANAGER AND CENTER COORDINATOR TO THE SOUTHERN CALIFORNIA EVIDENCE-BASED PRACTICE CENTER (EPC)

The center is made up of individuals who are part of a large research team aiming to produce systematic reviews and technology assessments. The center is part of the evidence-based practice center that is sponsored by the Agency for Healthcare Research and Quality (AHRQ).

Duties/Activities

- Track and communicate EPC program progress with Director and Coordinating Center via program work plans, ensures that the work plan is followed
- Maintains and updates the external EPC website: <https://www.rand.org/health-care/centers/epc.html>
- Writes, edits, does background research, and provides feedback on the appropriate content, tone, language, and format for technical documents, including EPC reports, manuscripts, and presentations
- Drafts, edits, and tracks EPC budget documents, contract, and proposal documents
- Drafts, oversees editing, and submission of all EPC project plans and reports, including monthly progress reports and updates to the Project/Task Order Officer at the Agency for Healthcare Research and Quality (AHRQ)
- Other miscellaneous research and administrative duties as needed for EPC leadership
- Train and assign duties to EPC administrative assistant(s)
- Manages and oversees staff in various activities such as coordinating information flow, preparing materials for distribution, completing and processing expense reports, reimbursements and other forms, handling and processing sensitive and/or classified materials, creating and maintaining databases/files/reports, and/or reviewing/proofreading and processing proposals, documents, reports, budgets, and files
- Develops training material including sample budgets and work flow to project leads who are interested in conducting systematic/literature reviews
- Manage, coordinate, and oversee logistics for expert panel meetings and monthly conference calls with the client. Serves as primary liaison between project team and clients/partners
- Develop content for the external center website: <http://www.rand.org/health/centers/epc.html>
- Direct correspondence with clients regarding timelines and deliverables for the project
- Manage operations of the research projects including IRB submission, team coordination, and project staff training
- Prepares, organizes, conducts and analyzes results of search criteria strategies, estimating yield, reliability and validity, validates and finalizes technical screening procedures
- Trains reviewers and experts in using online softwares for systematic reviews, develops technical databases to track the screening yield and scientific methodological and content reviews
- Attend local and national project manager conferences related to our EPC
- Manage literature searches for various team members using PubMed, Ovid, Google, etc
- Create and customize databases for each projects needs including reference management, data tracking and management, and data collection

- Creates web surveys, distributes, collects and analyzes surveys from research team and technical expert panel members
- Read and edit draft, final reports, journal articles, protocols, evidence tables to ensure adherence to product requirements
- Use Microsoft Access, Excel, Outlook and Word to enter, store, develop, organize and arrange data, perform analysis of data, refine analysis plans, and generate a variety of reports
- Completed training in Adobe Illustrator for editing statistical figures
- Manages data entry systems and web sites, and conducts complex research data entry, validation routines, and final product development for replication across scientific studies
- Develop, maintain, and generate reports from spreadsheets and databases to review and synthesize data, as well as for the following purposes:
- Track data in DistillerSR or Excel including files management, patient screening numbers, refusal rates, contact information and other study-relevant data
- Literature databases for various projects using EndNote and other reference manager software
- Manages human subjects protection processes for projects, including preparing institutional review board (IRB) applications, renewals, and revisions
- Oversees trainings of investigators and assessors, including training materials
- Prepares technical scientific grant/contract submissions, including coordinating document preparation and paperwork from collaborating individuals and sites

RAND Corporation - Santa Monica, CA

November 2008–February 2013

ADMINISTRATIVE ASSISTANT

Duties/Activities

- Coordinate all travel and reimbursements for PIs and core staff
- Order and maintain supplies, both office and project-oriented
- Administer, disseminate, and collect data for survey/interview questionnaires with experts and prepare results
- Track ongoing screener distribution, collection, and data entry and generate weekly reports as part of the duties of a systematic literature review, as well as gathering, updating, and reviewing articles and abstracts of relevant articles and maintaining them in an organized system
- Code and enter data from screeners into DistillerSR and generate reports for dissemination from data and search results
- Organize electronic files, find and collect articles on health services research topics, including quality improvement and other health research topics
- Prepare, format, and submit manuscripts and reports per various publication requirements
- Produce, revise and disseminate reports, training materials, and visual aids for presentations, conferences, and internal use
- Schedule, attend, create agendas, prepare handouts, take and prepare minutes for research team meetings
- Act as a liaison within and outside the organization for conference planning, data collection, literature search and retrieval
- Aid in the collation of presentation and reference materials, including maintaining filed records of articles, reports, and other dissemination products submitted and/or presented by staff
- Data entry
- Use information from staff, experts, libraries and files to assemble background information for proposals and research projects

**Transitional Age Youth (TAY) Academy, Mental Health Association of Greater Los Angeles – Long Beach, California
January – September 2008**

PERSONAL SERVICE COORDINATOR/CASE MANAGER

Duties/Activities

- Counseled, trained, and worked with clients from ages of 18-26 who had mental health and developmental issues
- Worked with a caseload of 15 “at-risk” youth for housing; job development; life skills coaching; coaching them on making appointments and assisting them with the proper appointments in the community. Scheduling meetings and acting as an advocate with the Social Security Office regarding their disability payments. Worked with women and their children in finding shelter if they were homeless and/or abused.
- Helped individual students in community integration activities and helping them with their coping skills in hard situations. Led classes of 15 or more students that revolved around learning new coping skills to ease of their high anxiety. Worked on anger management and problem solving with individual clients. Went to local and state jails as

well as hospitals to talk to clients who were imprisoned and worked on goals and CV's in preparation of being released. Attending court dates and acted as an advocate with their legal counsel on their mental health condition.

- Filled out proper Department of Mental Health paperwork and charted notes for medical and billing purposes.
- Helped resolve issues that were going on in the team to provide a safe place for all that worked at TAY
- Worked at the local winter shelters and recruited at-risk youth to TAY's program

Napredak Foundation – Pazardjik, Bulgaria
GRANTS SPECIALIST/TRANSLATOR

January 2007 – December 2007

Duties/Activities

- With the transition to the European Union (EU), helped write many grants for Napredak as well as translating many of their documents from Bulgarian to English.
- Facilitating meetings with the community to chart the needs of the community as well as writing down the pros and cons of the services that exist in the ROMA community
- Facilitating meetings with the mayor as well as the ROMA youth leaders to draft a budget pending the needs on the community
- Served as a representative in many council meetings as well as attending the EU Grant Conference in Cyprus

United States Peace Corps – Pazardjik, Bulgaria
VOLUNTEER IN YOUTH DEVELOPMENT

August 2003 – December 2006

Volunteered in Pazardjik, Bulgaria at Napredak Foundation.

Duties/Activities

- Created a youth group called “Ethnos” that focused on tolerance and diversity among Roma, Turkish and Bulgarian youth.
- Developed curriculum and taught an afterschool English program to teach students from 1st- 8th grade English that involved music and art
- Wrote, assisted and implemented grants for after school tutoring for kids from 1st-8th grade through Balkan Children and Youth Foundation, Democracy Commission, US AID and UNDP. Met with the community to talk about specific grants and what the needs were in the community to be able to write a grant that fulfilled the needs of the community
- Co- Director of the national “Zaedno Napred” Roma Camps for three years where we fundraised and wrote a grant through Peace Corps Partnership Program, and Special Projects Assistance through Peace Corps. Roma high school students from all over Bulgaria were able to come and learn about topics such as culture, self identity, motivation to continue for a higher education, scholarship information, early marriage, HIV/AIDS awareness and leadership training
- Co- Director of the national “Zaedno Napred” Multi-Ethnic Camp that was financed through Peace Corps Partnership Program and where I was to write and organize the project as well as be the accountant and in charge of the activities. High school students from Bulgarian, Muslim, Turkish, Armenian and Jewish communities came to learn about different ethnicities and to break stereotypes that they might have had against any racial group
- Trainer for Peace Corps Pre-Seminar Training for 20 new Youth Development volunteers. I was responsible to organize and lead seminars to prepare them for their 2 year service
- Worked with children and women that were street workers and provided education on HIV/AIDS and brought in self-defense teachers

Published Work

Peer-reviewed Journal Articles

1. Pedersen ER, Rubenstein L, Kandrack R, Danz M, Belsher B, **Motala A**, Booth M, Larkin J, Hempel S. Elusive search for effective provider interventions: a systematic review of provider interventions to increase adherence to evidence-based treatment for depression. *Implement Sci.* Jul 20 2018;13(1):99. PMID: 30029676
2. Grant S, **Motala A**, Chrystal JG, Shanman R, Zuchowski J, Zephyrin L, Cordasco KM. Describing care coordination of gynecologic oncology in western healthcare settings: a rapid review. *Transl Behav Med.* May 23 2018;8(3):409-418. PMID: 29800399
3. Apaydin EA, Maher AR, Raaen L, **Motala A**, Baxi S, Shanman RM, Hempel S. The Use of Technology in the Clinical Care of Depression: An Evidence Map. *J Clin Psychiatry.* Aug 21 2018;79(5). PMID: 30152646
4. Ahluwalia SC, Chen C, Raaen L, **Motala A**, Walling AM, Chamberlin M, O'Hanlon C, Larkin J, Lorenz K, Akinniranye

- O, Hempel S. A Systematic Review in Support of the National Consensus Project Clinical Practice Guidelines for Quality Palliative Care, Fourth Edition. *J Pain Symptom Manage*. Dec 2018;56(6):831-870. PMID: 30391049
5. Grant S, Colaiaco B, **Motala A**, Shanman R, Sorbero M, Hempel S. Acupuncture for the Treatment of Adults with Posttraumatic Stress Disorder: A Systematic Review and Meta-Analysis. *J Trauma Dissociation*. Jan-Feb 2018;19(1):39-58. PMID: 28151093
 6. Grant S, Colaiaco B, **Motala A**, Shanman R, Booth M, Sorbero M, Hempel S (2017). Mindfulness-Based Relapse Prevention for Substance Use Disorders: A Systematic Review and Meta-Analysis. *Journal of Addiction Medicine*, Jul 19, doi: 10.1097/ADM.0000000000000338. [Epub ahead of print].
 7. Sarkar U, McDonald K, **Motala A**, Smith P, Zipperer L, Wachter RM, Shanman R, Shekelle PG. Pragmatic Insights on Patient Safety Priorities and Intervention Strategies in Ambulatory Settings. *Jt Comm J Qual Patient Saf*. Dec 2017;43(12):661-670. PMID: 29173287
 8. Shekelle PG, Shetty K, Newberry S, Maglione M, **Motala A**. Machine Learning Versus Standard Techniques for Updating Searches for Systematic Reviews: A Diagnostic Accuracy Study. *Ann Intern Med*. Aug 1 2017;167(3):213-215. PMID: 28605762
 9. Shekelle PG, Newberry SJ, FitzGerald JD, **Motala A**, O'Hanlon CE, Tariq A, Okunogbe A, Han D, Shanman R. Management of Gout: A Systematic Review in Support of an American College of Physicians Clinical Practice Guideline. *Ann Intern Med*. Jan 03 2017;166(1):37-51. PMID: 27802478
 10. Ahluwalia SC, Damberg CL, Silverman M, **Motala A**, Shekelle PG. What Defines a High-Performing Health Care Delivery System: A Systematic Review. *Jt Comm J Qual Patient Saf*. Sep 2017;43(9):450-459. PMID: 28844231
 11. Grant S, Colaiaco B, **Motala A**, Shanman R, Sorbero M, Hempel S (2017). Acupuncture for the Treatment of Adults with Posttraumatic Stress Disorder: A Systematic Review and Meta-Analysis. *Journal of Trauma & Dissociation*, doi:10.1080/15299732.2017.1289493.
 12. Singer AE, Goebel JR, Kim YS, Dy SM, Ahluwalia SC, Clifford M, Dzung E, O'Hanlon CE, **Motala A**, Walling AM, Goldberg J, Meeker D, Ochotorena C, Shanman R, Cui M, Lorenz KA. Populations and Interventions for Palliative and End-of-Life Care: A Systematic Review. *J Palliat Med*. Sep 2016;19(9):995-1008. PMID: 27533892
 13. Grant S, Kandrack R, **Motala A**, Shanman R, Booth M, Miles J, Sorbero M, Hempel S. Acupuncture for substance use disorders: A systematic review and meta-analysis. *Drug Alcohol Depend*. Jun 01 2016;163:1-15. PMID: 26968093
 14. O'Hanlon CE, Newberry SJ, Booth M, Grant S, **Motala A**, Maglione MA, FitzGerald JD, Shekelle PG. Hyaluronic acid injection therapy for osteoarthritis of the knee: concordant efficacy and conflicting serious adverse events in two systematic reviews. *Syst Rev*. Nov 4 2016;5(1):186. PMID: 27814744
 15. Shekelle PG, Newberry SJ, FitzGerald JD, **Motala A**, O'Hanlon CE, Tariq A, Okunogbe A, Han D, Shanman R. Management of Gout: A Systematic Review in Support of an American College of Physicians Clinical Practice Guideline. *Ann Intern Med*. Jan 03 2017;166(1):37-51. PMID: 27802478
 16. Newberry SJ, FitzGerald JD, **Motala A**, Booth M, Maglione MA, Han D, Tariq A, O'Hanlon CE, Shanman R, Dudley W, Shekelle PG. Diagnosis of Gout: A Systematic Review in Support of an American College of Physicians Clinical Practice Guideline. *Ann Intern Med*. Jan 03 2017;166(1):27-36. PMID: 27802505
 17. Hempel S, Shekelle PG, Liu JL, Sherwood Danz M, Foy R, Lim YW, **Motala A**, Rubenstein LV. Development of the Quality Improvement Minimum Quality Criteria Set (QI-MQCS): a tool for critical appraisal of quality improvement intervention publications. *BMJ Qual Saf*. Aug 26 2015. PMID: 26311020
 18. de Kleijn MJ, Farmer MM, Booth M, **Motala A**, Smith A, Sherman S, Assendelft WJ, Shekelle P. Systematic review of school-based interventions to prevent smoking for girls. *Syst Rev*. 2015;4:109. PMID: 26272326
 19. Shekelle PG, **Motala A**, Johnsen B, Newberry SJ. Assessment of a method to detect signals for updating systematic reviews. *Syst Rev*. 2014;3:13. PMID: 24529068
 20. Rudin RS, **Motala A**, Goldzweig CL, Shekelle PG. Usage and effect of health information exchange: a systematic review. *Ann Intern Med*. Dec 2 2014;161(11):803-811. PMID: 25437408
 21. Crandall CJ, Newberry SJ, Diamant A, Lim YW, Gellad WF, Booth MJ, **Motala A**, Shekelle PG. Comparative effectiveness of pharmacologic treatments to prevent fractures: an updated systematic review. *Ann Intern Med*. Nov 18 2014;161(10):711-723. PMID: 25199883
 22. Dalal SR, Shekelle PG, Hempel S, Newberry SJ, **Motala A**, Shetty KD. A pilot study using machine learning and domain knowledge to facilitate comparative effectiveness review updating. *Med Decis Making*. Apr 2013;33(3):343-355. PMID: 22961102
 23. Ahmadzai N, Newberry SJ, Maglione MA, Tsertsivadze A, Ansari MT, Hempel S, **Motala A**, Tsouros S, Schneider Chafen JJ, Shanman R, Moher D, Shekelle PG. A surveillance system to assess the need for updating systematic reviews. *Syst Rev*. 2013;2:104. PMID: 24225065
 24. Dalal SR, Shekelle PG, Hempel S, Newberry SJ, **Motala A**, Shetty KD. A pilot study using machine learning and domain knowledge to facilitate comparative effectiveness review updating. *Med Decis Making*. Apr 2013;33(3):343-355. PMID:

22961102

25. Chung M, Newberry SJ, Ansari MT, Yu WW, Wu H, Lee J, Suttorp M, Gaylor JM, **Motala, A**, Moher D, Balk EM, Shekelle PG. Two methods provide similar signals for the need to update systematic reviews. *J Clin Epidemiol*. Jun 2012;65(6):660-668. PMID: 22464414

Reports

1. Newberry SJ, Chung M, Anderson CAM, Chen C, Fu Z, Tang A, Zhao N, Booth M, Marks J, Hollands S, **Motala A**, Larkin J, Shanman R, Hempel S. Sodium and Potassium Intake: Effects on Chronic Disease Outcomes and Risks. Rockville (MD); 2018. <https://www.ncbi.nlm.nih.gov/pubmed/30125063>
2. Grant S, Colaiaco B, **Motala A**, Shanman R, Sorbero M, Hempel S. (2017). Needle Acupuncture for Posttraumatic Stress Disorder (PTSD): A Systematic Review. Santa Monica, CA: RAND Corporation, 2017. http://www.rand.org/pubs/research_reports/RR1433.html
3. Shekelle, PG, Sarkar U, Shojania K, Wachter RM, McDonald K, **Motala A**, Smith P, Zipperer L, Shanman R. Patient Safety in Ambulatory Settings. Technical Brief No. 27. (Prepared by the Southern California Evidence-based Practice Center under Contract No. 290-2015-00010-I.) AHRQ Publication No. 16(17)-EHC033-EF. Rockville, MD: Agency for Healthcare Research and Quality; October 2016. <https://effectivehealthcare.ahrq.gov/ehc/products/622/2322/ambulatory-safety-report-161027.pdf>
4. Grant S, Hempel S, Kandrack R, Motala A, Shanman R, Booth M, Miles J, Dudley W, Smith P, Sorbero M (2015). Needle Acupuncture for Substance Use Disorders: A Systematic Review. Santa Monica, CA: RAND Corporation, 2015. http://www.rand.org/pubs/research_reports/RR1030
5. Grant S, Hempel S, Colaiaco B, Motala A, Shanman R, Booth M, Dudley W, Smith P, Sorbero M (2015). Mindfulness-Based Relapse Prevention (MBRP) for Substance Use Disorders: A Systematic Review. Santa Monica, CA: RAND Corporation, 2015. http://www.rand.org/pubs/research_reports/RR1031
6. Newberry, SJ, FitzGerald, J., Maglione, M.A., O'Hanlon, C.E., Booth, M., **Motala, A.**, Timmer, M., Shanman, R., Shekelle, P.G., Systematic Review for Effectiveness of Hyaluronic Acid in the Treatment of Severe Degenerative Joint Disease (DJD) of the Knee. (Prepared by the Southern California Evidence-based Practice Center under Contract No. HHS290201200006I.) Rockville, MD: Agency for Healthcare Research and Quality <https://www.cms.gov/Medicare/Coverage/DeterminationProcess/Downloads/id101TA.pdf>
7. Newberry SJ, FitzGerald J, Maglione MA, O'Hanlon CE, Han D, Booth M, **Motala A**, Tariq A, Dudley W, Shanman R, Shekelle PG. Diagnosis of Gout. Comparative Effectiveness Review No. 158. (Prepared by the Southern California Evidence-based Practice Center under Contract No. 290-2012-00006-I.) AHRQ Publication No. 15(16)-EHC026-EF. Rockville, MD: Agency for Healthcare Research and Quality; February 2016. www.effectivehealthcare.ahrq.gov/reports/final.cfm.
8. Maglione MA, Okunogbe A, Ewing B, Grant S, Newberry SJ, **Motala A**, Shanman R, Mejia N, Arifkhanova A, Shekelle P, Harmon G. Diagnosis of Celiac Disease. Comparative Effectiveness Review No. 162. (Prepared by the Southern California Evidencebased Practice Center under Contract No. 290-2012-00006-I.) AHRQ Publication No. 15(16)-EHC032-EF. Rockville, MD: Agency for Healthcare Research and Quality; January 2016. www.effectivehealthcare.ahrq.gov/reports/final.cfm.
9. Newberry SJ, Chung M, Shekelle PG, Booth MS, Liu JL, Maher AR, **Motala A**, Cui M, Perry T, Shanman R, Balk EM. Vitamin D and Calcium: A Systematic Review of Health Outcomes (Update). Evidence Report/Technology Assessment No. 217. (Prepared by the Southern California Evidence-based Practice Center under Contract No..) AHRQ Publication No. 14-E004-EF. Rockville, MD: Agency for Healthcare Research and Quality. September 2014. www.effectivehealthcare.ahrq.gov/reports/final.cfm.
10. Shekelle PG, **Motala A**, Johnsen B. *Assessment of a Method to Detect Signals for Updating Systematic Reviews*. Rockville (MD); 2014. (Prepared by the Southern California-RAND Evidence-based Practice Center under Contract No. 290-2007-10062-I). Available at: <http://www.ncbi.nlm.nih.gov/pubmed/24696888>
11. Shekelle P.G., Jones SS, Rudin BS, Shanman R, Timmer M, Perry TR, **Motala A**. [Health Information Technology: An Updated Systematic Review with a Focus on Meaningful Use Functionalities](#). (Prepared by the Southern California-RAND Evidence-based Practice Center under Contract No. HHSP23337020T). 2014. Washington, D.C., Office of the National Coordinator for Health Information Technology.
12. Newberry SJ, Ahmadzai N, **Motala A**, Tsertsvadze A, Maglione M, Ansari MT, Hempel S, Tsouros S, Schneider Chafen J, Shanman R, Skidmore, B, Moher D, Shekelle, PG. Surveillance and Identification of Signals for Updating Systematic Review: Implementation and Early Experience. Methods Research Report (Prepared by the RAND Corporation, Southern California Evidence-based Practice Center under Contract No. 290-2007-10062-I and University of Ottawa Evidence-based Practice Center 290-2007-10059-I). AHRQ Publication No. 13-EHC088-EF. Rockville, MD: Agency for Healthcare

- Research and Quality; May 2013. www.effectivehealthcare.ahrq.gov/reports/final.cfm.
13. Shekelle PG, Wachter RM, Pronovost P, Schoelles K, McDonald KM, Dy SM, et al. Making Health Care Safer II: An Updated Critical Analysis of the Evidence for Patient Safety Practices. (Prepared by the Southern California-RAND Evidence-based Practice Center under contract no. HHS290200710062I.) Rockville, MD: Agency for Healthcare Research and Quality; March 5, 2013. <http://www.ahrq.gov/research/findings/evidence-based-reports/ptsafetyII-full.pdf>
 14. Dalal, S.R., Shekelle, P.G., Hempel, S., Newberry, S.J., **Motala, A.**, Shetty, K.D. Using Machine Learning to Facilitate Systematic Review Updating. Methods Research Report (Prepared by the Southern California Evidence-based Practice Center under Contract No. 290-2007-10062-I). AHRQ Publication No. 11-EHC045-EF. Rockville, MD: Agency for Healthcare Research and Quality. September 2012. http://effectivehealthcare.ahrq.gov/ehc/products/396/1236/MachineLearning_FinalReport_20120823.pdf
 15. Timbie JW, Ringel JS, Fox DS, Waxman, DA, Pillemer, F, Carey, C, Moore, M, Karir, V, Johnson, TJ, Iyer, N, Hu, J, Shanman, R, Larkin, JW, Timmer, M, **Motala, A**, Perry, TR, Newberry, S, Kellermann, AL. Allocation of Scarce Resources During Mass Casualty Events. Evidence Report/Technology Assessment No. 207. (Prepared by the Southern California Evidence-based Practice Center under Contract No. 290-2007-10062-I.) AHRQ Publication No. 12-E006-EF. Rockville, MD: Agency for Healthcare Research and Quality. June 2012 www.effectivehealthcare.ahrq.gov/reports/final.cfm.
 16. Maglione M, Ruelaz Maher A, Hu, J, Wang Z, Shanman R, Shekelle PG, Roth B, Hilton L, Suttorp MJ, Ewing BA, **Motala A**, Perry T. Off-Label Use of Atypical Antipsychotics – Update. Evidence Report/ Technology Assessment No. 43. (Prepared by the Southern California Evidence-based Practice Center under Contract No. HHS290200710062I). Rockville, MD: Agency for Healthcare Research and Quality. September 2011.
 17. Shekelle PG, Newberry, SJ, Wu, H, Suttorp M, **Motala, A.**, Lim Y-W, Balk EM, Chung, M, Yu, WW, Lee, J, Gaylor, JM, Moher, D, Ansari, MT, Skidmore, R, Garritty, C. Identifying Signals for Updating Systematic Reviews: A Comparison of Two Methods. Rockville (MD): Agency for Healthcare Research and Quality. June 2011. Methods Research Report. AHRQ Publication No. 11-EHC042-EF.
 18. Crandall CJ, Newberry SJ, Gellad WG, Diamant A, Lim YW, Suttorp M, **Motala A**, Ewing B, Roth B, Timmer M, Shanman R, Shekelle PG. Treatment to Prevent Fractures in Men and Women with Low Bone Density or Osteoporosis: Update of a 2007 Report. Comparative Effectiveness Review No. 53. (Prepared by Southern California Evidence-based Practice Center under Contract No. HHS290-2007-10062-I.) Rockville, MD: Agency for Healthcare Research and Quality; March 2012. www.effectivehealthcare.ahrq.gov/reports/final.cfm.
 19. Hempel S, Newberry S, Ruelaz A, Wang Z, Miles J, Suttorp M, Johnsen B, Shanman R, Slusser W, Fu N, Smith A, Roth E, Polak J, **Motala A**, Perry T, & Shekelle PG. Safety of Probiotics to Reduce Risk and Prevent or Treat Disease. Evidence Report/Technology Assessment No. 200. (Prepared by the Southern California Evidence-based Practice Center under Contract No. 290-2007-10062-I) AHRQ Publication No. 11-E007-1. Rockville, MD: Agency for Healthcare Research and Quality. April 2011. Available at: <http://www.ahrq.gov/clinic/tp/probiotictp.htm>
 20. Shekelle PG, Takata G, Newberry SJ, Coker, T, Limbos M, Chan LS, Timmer M, Suttorp M, Carter J, **Motala A**, Valentine D, Johnsen B, Shanman R. Management of Acute Otitis Media: Update. Evidence Report/ Technology Assessment No. 198. (Prepared by the Southern California Evidence-based Practice Center under Contract No. 290 2007 10056 I). Rockville, MD: Agency for Healthcare Research and Quality. November 2010.
 21. Shekelle PG, Newberry S, Maglione M, Shanman R, Johnsen B, Carter J, **Motala A**, Hulley B, Wang Z, Bravata D, Chen M, Grossman M. Evaluation of the need to update comparative effectiveness reviews. Rockville, MD: Agency for Healthcare Research and Quality: October 2009.

Website contributions

Contributed to the evidence-based research for the following website: <http://www.interactingwithautism.com>

Skills, Continuing Education and Certificates

- Intermediate to Advanced Coursework in Access, Doodle, EndNote, Excel, Oasis, Outlook, PowerPoint, RHINO (RAND HSPC Information Online), SurveyMonkey, DistillerSR, Webmeetings, Windows, Office 365; Microsoft Project; Adobe Illustrator and Professional; HTML programming and Linux unix server codes
- At-risk youth counselor
- CAMP GLOW (Girls Leading Our World) as a lecturer and counselor for informing Bulgarian girls about the dangers of eating disorders and providing them with life scoping skills when faced with such issues
- Provided individual counseling hours with different teens that were having family and societal problems.
- Worked as a Peer Counselor for university students that were having emotional and psychological problems
- Mental Health Services Training in Prevention & Management of Disruptive Behavior Training

- Mental Health Services Training in Transitional Age Youth
- Recognition of serving as a Technical Trainer for the Peace Corps Youth Development Program 2006
- Presented with the RAND IMPACT Award 2010 for work done on the Food Allergy report
- CBEST qualified
- Attended the AHRQ 2010 Fall, 2012 December, 2015 December Project Managers Meeting in Rockville, Maryland
- Experience working with the Contracts Department at RAND as well as with other Unit Administrators
- Protecting Human Research Participants Certificate from the National Institutes of Health (NIH); Certificate number 1220790

Languages

Bulgarian

Advanced Low

3 months intensive learning course and 4 years living in Bulgaria

Arabic

Novice Low

Studied one year in Egypt and 4 years with a private tutor