Atrial Fibrillation (AF) is the most common type of sustained cardiac arrhythmia, affecting approximately 1.5–2% of the developed world's population. By 2050 it is expected that over 50% of AF will be over 85.

AF prevalence increases with age and it affects roughly 8% of the population over 85.

The two main goals of the study were:

1. Develop an evidence-based future of AF-related anticoagulation management
2. Develop an understanding of AF-related actions that could be taken today to improve the outlook for future AF management.

AIMS AND OBJECTIVES


The report aimed to assess the current landscape of AF-related management, to understand areas of potential improvement, and to assess the potential implications identified for current and future healthcare systems and patients. This was done through a combination of research methods, including interviews, surveys, and literature reviews, supported by expert steering committees and a Future of Anticoagulation Management Taskforce. The initiative aimed to improve the outlook for AF by 2050 through the development of evidence-based recommendations for the future.

RESEARCH


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