Appendix F
AMEDD GUIDELINE IMPLEMENTATION TOOLKITS
TOOLS FOR THE LOW BACK PAIN GUIDELINE:

Documentation Form for Clinic Visit  
Model Back Class Instructions and Materials  
Patient Education Video: A Healthy Back for Life  
Provider Education Video: Back Pain Lecture and Exam  
Low Back Pain Patient Education Pamphlets (in English, Spanish, Korean, German)  
3" × 5" Laminated Pocket Card — Key Elements of the DoD/VA Practice Guidelines for Primary Care Management of Low Back Pain  
8 1/2" × 11" Laminated Card — Diagnosis and Management of Low Back Pain  
Comparative Pricing Table for Pain Medications  
Standard Profile for Active Duty Personnel with Acute Low Back Pain

TOOLS FOR THE ASTHMA GUIDELINE:

Documentation Form for Asthma Clinic Visit  
Patient Action Plan  
Master Problem List  
Key Points Pocket Card  
Desktop Reference Card  
Peak Flow Meter  
Spirometer and Pulse Oximeter  
Patient Education Brochures:  
  Asthma Basics: American Red Cross  
  Managing Your Asthma: A Patient Guide  
  Patient Reminder Card  
CD-ROMs: Breathing Freely (Patient Education); TABS (Provider Education)  
Videos:  
  “Sesame Street” (English and Spanish), by the American Lung Association  
  “Environmental Control,” (English and Spanish), by GlaxoWellcome  
  “Taking Charge of Asthma,” by GlaxoWellcome  
  “Roxy to the Rescue,” by AwareCareResources for Health AstraZeneca

TOOLS FOR THE DIABETES GUIDELINE:

Documentation Form for Diabetes Clinic Visit  
Diabetes Flow Sheet  
Patient Self-Management Action Plan  
Booklet — Managing Your Diabetes  
American Association of Diabetes Educators Videos:  
  Introduction to Diabetes: The Game Plan  
  Basic Skills for Controlling Diabetes, American Association of Diabetes Educators  
3" × 5" Laminated Card — Key Elements in the Care of Patients with Diabetes  
8 1/2" × 11" Laminated Card — Key Elements in the Care of Patients with Diabetes  
CD-ROM - Starbright Foundation  
Novo Nordisk Pharmaceuticals brochures/booklets (English and Spanish)