Hidden Heroes

America's Military Caregivers

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Key facts and statistics from the **RAND Military Caregivers Study**

9% of U.S. adults are caregivers

16.9 million
civilian caregivers

4.4 million
Pre-9/11 military caregivers

1.1 million
Post-9/11 military caregivers

Source: National survey of caregivers of adults in the U.S., with findings presented in Ramchand R, Tanielian T, et al., *Hidden Heroes: America's Military Caregivers*, RAND Corporation, 2014 (available at www.rand.org/military-caregivers).

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Services offered to military caregivers by organizations identified by RAND

Notes: A single organization's programs may span multiple categories. Data collected in summer and fall 2013. "Helping hand" includes direct support, such as loans, donations, legal guidance, housing support, or transportation assistance.

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Medical conditions of care recipients in the United States

Source: National survey of caregivers of adults in the U.S., with findings presented in Ramchand R, Tanielian T, et al., *Hidden Heroes: America's Military Caregivers*, RAND Corporation, 2014 (available at www.rand.org/military-caregivers).

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Activities of daily living performed by caregivers

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Instrumental activities of daily living performed by caregivers

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Services provided by caregivers

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Health insurance status of caregivers

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Depression status and mental health treatment utilization of caregivers

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% of caregivers utilizing resources, by program type

* Direct support, such as loans, donations, legal guidance, housing support, or transportation assistance.

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% of caregivers utilizing resources, by program sponsor (post-9/11 caregivers)

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% of caregivers utilizing resources, by program sponsor (pre-9/11 caregivers)

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% of caregivers utilizing resources, by program sponsor (civilian caregivers)

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