Sub RenameWorksheet()

' Renames the worksheet named Data to the name entered in Cell A1. The name in that cell should be a case name. It creates a new worksheet named Data to collect the next set of data. At the end of the routine it calls the CatchData routine again so that it is ready to collect the next set of data'

Sheets("Data").Select
Range("A1:AF202").Select
Selection.Copy
Sheets.Add
    Range("A1").Select
Selection.PasteSpecial Paste:=xlValues, Operation:=xlNone,
SkipBlanks:= _
    False, Transpose:=False
ActiveSheet.Name = Cells(3, "B").Value
CatchData
End Sub

Sub CatchData()

' This routine uses the OnData function to sense when a new set of data has been sent to the worksheet named Data ' from another linked application. When it senses this it calls the RenameWorksheet function to rename the worksheet and then create another worksheet named Data to collect the next set of data. Trigger this process by opening the workbook and choosing the macro, CatchData.'

' Worksheets("Data").OnEntry = "RenameWorksheet"
Worksheets("Data").OnData = "RenameWorksheet"

End Sub