

LA County Substance Use Treatment Services

Free for Medi-Cal, My Health LA, and other county-funded eligible youth and adults

How do individuals find services?

→ There are several ways to get started with substance use disorder treatment:

- Call the toll-free Substance Abuse Service Helpline (SASH) at **1-844-804-7500**. A call agent who can conduct a brief screening and referral can be reached 24 hours per day and seven days per week. Translation services are available.
- Visit the online directory to find providers near a preferred location, such as work, home, or school. This tool is available at sapccis.ph.lacounty.gov/sbat.

With either option, a provider can be selected to meet language, cultural, service, or location needs. An intake appointment should be scheduled no later than ten calendar days from the screening or referral.

Who is eligible?

→ Youth and adults can access no-cost substance use treatment services at any network provider if these criteria are met:

- **Medi-Cal eligible** (active benefits are not required at time of screening, referral, or intake) OR
- **My Health LA eligible** (active benefits are not required at time of screening, referral, or intake) OR
- **Other county-funded program participant** (such as AB 109) AND
- **Los Angeles County resident**

What services are available?

- Brief outpatient treatment for at-risk youth and young adults
- Outpatient treatment
- Intensive outpatient treatment
- Short-term residential treatment
- Withdrawal management (formerly detox)
- Medication-assisted treatment/opioid treatment program
- Recovery support services
- Recovery bridge housing—time limited

What is medical necessity?

To receive these services, individuals need to be assessed with a substance use disorder (SUD) diagnosis by a qualified clinician or counselor and need to receive services that meet, but do not exceed, their level of need. Youth and young adults (ages 12–20) can be served if they are at risk of developing an SUD.

Substance Abuse Service Helpline

☎ 1-844-804-7500

Provider Map

📍 sapccis.ph.lacounty.gov/sbat

Patient Information

📍 publichealth.lacounty.gov/sapc/PatientPublic.htm

