

**Section B: Panic Attack**

TIME THIS SECTION BEGINS RECORDED HERE

**TSST11B**

B1. During the past 12 months, did you ever have a spell or an attack when all of a sudden you felt frightened, anxious, or very uneasy when most people would not be afraid or anxious?

**B11B01**

1. YES

5. NO

GO TO B2

B1a. During the past 12 months, did you ever have a spell or attack when for no reason your heart suddenly began to race, you felt faint, or you couldn't catch your breath?

**B11B01A**

(IF R VOLUNTEERS ONLY WHEN HAVING HEART ATTACK, OR DUE TO PHYSICAL CAUSES, MARK NO.)

1. YES

5. NO

ASK B2

GO TO C1

B2. Did (this attack/these attacks ever) happen in a situation when you were not in danger or not the center of attention?

**B11B02**

1. YES

ASK B3

5. NO

GO TO C1

B3. A moment ago, we discussed situations that cause unreasonably strong fears. When you have attacks of the sort you just described, do they usually occur in situations that cause you unreasonably strong fear?

(INTERVIEWER: If necessary, clarify: "Unreasonably strong fear" means always being very upset or badly frightened when most people would not have been afraid.)

**B11B03**

1. YES



5. NO



GO TO  
C1

B3a. Did you ever have an attack in the past 12 months when you were not in a situation that usually causes you to have unreasonably strong fears?

**B11B03A**



B4.

When you have attacks...		YES (1)	NO (5)
<b>B11B04A</b>	B4a. ...does your heart pound?		
<b>B11B04B</b>	B4b. ...do you have tightness, pain, or discomfort in your chest or stomach?		
<b>B11B04C</b>	B4c. ...do you sweat?		
<b>B11B04D</b>	B4d. ...do you tremble or shake?		
<b>B11B04E</b>	B4e. ...do you have hot flashes or chills?		
<b>B11B04F</b>	B4f. ...do you, or things around you, seem unreal?		