

Section D: Self-Perceived Knowledge, Trust, Self Care

TIME THIS SECTION BEGINS RECORDED HERE
TSST13D

D1. Compared with most people who are HIV positive, how well informed would you say you are about AIDS and HIV disease and treatment? Would you say you are:

B13D01 (Circle One)

- Much better informed than most, 1
- Somewhat better informed than most, 2
- About as well informed as most, 3
- Somewhat less well informed than most, or 4
- Much less well informed than most? 5

D2. Since you first learned of your HIV positive diagnosis, have you made major changes in any of the following areas:

(Circle One on Each Line)

Have you:		<u>YES</u>	<u>NO</u>	<u>NOT APPLICABLE</u>
B13D02A	a. Changed to a more healthy diet?	1	2	3
B13D02B	b. Exercised more regularly?.....	1	2	3
B13D02C	c. Given up or cut down on use of alcohol or drugs?.....	1	2	3

D3a. Have you ever smoked cigarettes?

B13D03A

(Circle One)

- YES 1
- NO 2 → SKIP TO E1
- REFUSED -1 → SKIP TO E1
- DON'T KNOW -2 → SKIP TO E1

D3b. Do you currently smoke cigarettes?

B13D03B

(Circle One)

- YES 1 → SKIP TO D3d
- NO 2

D3c. When did you quit smoking? Was it before or after you found out you were HIV positive?

B13D03C

(Circle One)

BEFORE 1 → SKIP TO E1
AFTER 2 → SKIP TO E1

D3d. Have you cut down or increased smoking since you found out you were HIV positive, or do you smoke the same amount?

B13D03D

(Circle One)

CUT DOWN 1
INCREASED 2
SAME AMOUNT 3
STARTED SMOKING 4