Companion Items used by the PROMIS Smoking Initiative

Items to Assess Smoking Behavior

How long have you been smoking cigarettes?

- □ 1. Less than 1 year
- □ 2. 1-2 years
- □ 3. 3-5 years
- □ 4. 6-9 years
- □ 5. 10 years or more

How old were you when you first started smoking?

_____ _____

During the past 30 days, on how many days did you smoke cigarettes?

- □ 1. 0 days
- □ 2. 1 or 2 days
- □ 3. 3 to 5 days
- □ 4. 6 to 9 days
- □ 5. 10 to 19 days
- □ 6. 20 to 27 days
- □ 7. 28 or more days

During the past 30 days, on average, how many cigarettes per day have you smoked?

- □ 1. I did not smoke during the past 30 days
- □ 2. Less than 1 per day
- □ 3. 1 per day
- □ 4. 2 to 5 per day
- □ 5. 6 to 10 per day
- □ 6. 11 to 20 per day
- □ 7. More than 20 per day

After I wake up I typically smoke my first cigarette of the day...

- □ 1. Within 5 minutes after waking
- □ 2. 6 to 30 minutes after waking
- □ 3. 31-60 minutes after waking
- □ 4. longer than 60 minutes after waking

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Was there a period of a month or longer when you smoked *fewer cigarettes* per day than you currently smoke?

- [ ] 1 No
- [ ] 2 Yes

Was there a period of a month or longer when you smoked *more cigarettes* per day than you currently smoke?

- [ ] 1 No
- [ ] 2 Yes

Was there a period of a month or longer when you smoked on *fewer days* of the month than you currently smoke?

- [ ] 1 No
- [ ] 2 Yes

Was there a period of a month or longer when you smoked on *more days* of the month than you currently smoke?

- [ ] 1 No
- [ ] 2 Yes

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Items to Assess Quitting History

Have you ever stopped smoking cigarettes for one day or longer because you were trying to quit smoking?

☐ 1. No
☐ 2. Yes

How many times in your life have you quit smoking for at least 24 hours?

☐ 1. I have never quit smoking for at least 24 hours
☐ 2. 1 time
☐ 3. 2 to 3 times
☐ 4. 4 to 5 times
☐ 5. 6 to 9 times
☐ 6. 10 or more times

How long ago was your most recent quit attempt that lasted for one day or longer?

☐ 1. I have never quit smoking for one day or longer
☐ 2. Within the past month
☐ 3. 2 to 5 months ago
☐ 4. 6 to 11 months ago
☐ 5. A year or more ago

How long did your most recent quit attempt last?

☐ 1. I have never quit smoking for one day or longer
☐ 2. Less than 3 days
☐ 3. 3 to 6 days
☐ 4. 1 to 2 weeks
☐ 5. More than 2 weeks but less than a month
☐ 6. A month or longer

I am interested in quitting smoking.

☐ 1. Not at all
☐ 2. A little bit
☐ 3. Somewhat
☐ 4. Quite a bit
☐ 5. Very much

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I am motivated to quit smoking.

- □ 1 Not at all
- □ 2 A little bit
- □ 3 Somewhat
- □ 4 Quite a bit
- □ 5 Very much

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