

RAND Smoking Assessment Toolkit

PSYCHOSOCIAL EXPECTANCIES item bank contents and properties

	ALL	D	ND
Number of items	14	20	15
Population Mean (SD)	49.7 (10)	50 (10)	48.6 (10)
Marginal reliability			
full bank	.93	.95	.93
SF (6 items)	.85	.85	.85
CAT (average # items)	.92 (5.7)	.90 (6.4)	.89 (6.7)

item	scale	bank	SF
If I quit smoking I will be more in control of my life.	Q	ALL/D/ND	X
If I quit smoking my friends will respect me more.	Q	ALL/D/ND	X
My need for cigarettes makes me feel disappointed in myself.	Q	ALL/D/ND	X
My smoking makes me feel less attractive.	Q	ALL/D/ND	X
People think less of me if they see me smoking.	Q	ALL/D/ND	X
My cigarette smoking bothers others.	Q	ALL/D/ND	X
If I quit smoking I will be more attractive to others.	Q	ALL/D/ND	
I get upset when I think about my smoking.	Q	ALL/D/ND	
My smoking makes me respect myself less.	Q	ALL/D/ND	
I feel embarrassed when I smoke.	F	ALL/D/ND	
I look ridiculous while smoking.	Q	ALL/D/ND	
People I care about respect me less because I smoke.	Q	ALL/D/ND	
People think I'm foolish for ignoring the warnings about cigarette smoking.	Q	ALL/D/ND	
My smoking makes me less attractive to other people.	Q	ALL/D/ND	
Smoking leaves an unpleasant odor on my clothes.	Q	D only	
I'm foolish to ignore the warnings about cigarettes.	Q	D only	
I smoke too much.	Q	D only	
I hide my smoking from other people.	Q	D only	
I feel uncomfortable smoking around kids.	Q	D only	
Most of the people I care about want me to quit smoking.	Q	D only	
People close to me disapprove of my smoking.	Q	ND only	

response options: 0 1 2 3 4

Quantity (Q): Not at all; A little bit; Somewhat; Quite a bit; Very much

Frequency (F): Never; Rarely; Sometimes; Often; Always

ALL= All Smokers; D=Daily; ND=Non-Daily

X indicates inclusion in short form